

Vol. XIX Issue 12

The Agenda

December, 2015

of the Greater Avenues Community Council REPRESENTING THE AVENUES AND FEDERAL HEIGHTS NEIGHBORHOODS OF SALT LAKE CITY, UTAH

Reflections On A Year Of Community Council Work

by Dianne Leonard 2015 Chairwoman

How strange it is to be writing my last message to

the neighborhood as Chair of our Greater Avenues Community Council. A few months ago, Gwen Springmeyer said to me, "this is where you hit the time when you wish you could be chair forever!" Well, not so sure about "forever" but I would certainly not mind another little while. I have so enjoyed the time that I



Dianne Leonard, 2015 Chair

have spent working with neighbors and community partners. I learned so much during my year as chair-elect watching Mary Ann and Gwen and the rest of the Board in action. Then I learned even more during my year as chair as I got to work with so many of our neighbors and make contacts with the city and our government leaders. I am certain that as I continue to serve on the Board with Dave and Kim and the chairs to follow I will continue to learn from and feel my respect deepen for the residents of our neighborhood.

As I write this message, I am waiting for the announcement that will come at 2 p.m. with the results of the mayoral and city council elections held two weeks ago. For all the candidates, these two weeks have seemed like a long time. Tomorrow will come and life will go on but it will never be the same. Every day I become more a product of all the days before, and each morning I am grateful for the chance to have another go at getting better at life.

As I was walking in our neighborhood today—and crunching through the wonderful fall leaves that we have in such abundance—I was thinking about how lucky we are to be able to enjoy the different seasons. Our neighborhood looks so beautiful and different as each season comes. Earlier in October I was walking one day and looked up to see pumpkins growing from a tree. The homeowners had planted a pumpkin at the base of the tree and the vine had grown up and around the tree. I walked past this tree all summer and saw the vine at the base and up the trunk but because of the full cover of leaves, didn't notice the pumpkins growing there until they were large and ready to harvest. I laughed thinking about how pumpkins shouldn't be in a tree but then I started to think it made great sense. Why not? It is a great way to save space and for the pumpkin vine to not take over in a small yard. In Virginia, the Powhatan Indians planted the "Three Sisters —corn, beans and squash—together to save space and protect the more delicate crops. The three seeds were planted in the same hole and as they grew, each provided something neces-

GACC Community Meeting

December 2, 2015 at 7 p.m. Sweet Library 9th Avenue and F Street

7 p.m.—Welcome and announcements, Chair.

7:05-7:20—Reports, Fire, Cpt. Winkler; Library, Kim Christopherson; Police, Det. Greg Lovell; Salt Lake City School Board, Katherine Kennedy, Salt Lake City Council, Stan Penfold

7:20-7:40—State Legislative Report, Rep. Rebecca Chavez Houck and Senator Jim Dabakis

7:40-7:45—Welcome Dave Alderman as 2016 Chair-Mary Ann Wright.

7:45-8:00—Move chairs and set up for Holiday Party.

8:00-8:45—Avenues Holiday Party-Thanks to Avenues Smith's for providing the refreshments and to Bonnie Athas, Gwen Springmeyer and Mary Ann Wright for coordinating the food and festivities!

8:45—Clean Up.

sary to the success of all. The corn provided a stalk for the bean vines to climb around, and the beans replaced the nitrogen in the soil. The squash spread out its broad shady leaves to keep other plants from crowding out the corn. It made me think about how go to Page Three

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AVENUES COMMUNITY MEETINGS

GACC Council Meeting

Wednesday, December 2, 2015, at 7 p.m., Sweet Library. For special accommodations contact the GACC chair at gaccchair@slc-avenues.org. Open to the public, all welcome.

GACC Board Meeting

Wednesday, December 9, 2015, 7 p.m., Sweet Library.

Community Life / Resources / Free Stuff!

Sweet Branch Library, 455 F Street (at 9th Avenue), 801-594-8651, www.slcpl.org. Book Baby 10:15 a.m. and Storytime 11:15 a.m. every Wednesday. Book Baby Wednesday 10:15 a.m. Family Yoga December 28, 6:30 p.m. Lego at the Library, December 12, 2 p.m.; Art Exhibit: Embraced Landscape paintings by Sigfredo Mendoza Alonso, ends December 29. Library closes early on December 23 at 6 p.m. Library closed all day, December 25 & 26. Library closes early on December 31, Library closed all day, January 1.

Volunteer Opportunity at the Utah Food Bank. The organization has volunteer spots open. Here is the web site for volunteering: https://www.utahfoodbank.org/volunteer-signup.

Avenues Exercise Class -Free- Federal Heights LDS Ward, 1300 Fairfax Road. Mondays and Wednesdays, 8:30 a.m. to 9:45 a.m. Stretching, Weights, Mat Pilates. Renate Nebeker 801-534-1443.

Ensign Elementary School Recognized as a National Blue Ribbon School. The U.S. Department of Education recognized Ensign Elementary as a 2015 National Blue Ribbon School. It was one of only 335 schools throughout the country to receive this honor. Ensign – with an enrollment of 380 students – has been part of the Avenues community for more than 100 years. Each year, the U.S. Department of Education recognizes public and private schools across the country for their commitment to educational excellence and their ability to overcome outstanding odds to properly educate their students. This award is reserved for schools that boast students who meet and maintain high educational goals. The Blue Ribbon Award celebrates the idea that all students, regardless of background, ability or location, deserve an excellent education.

Free Yoga Class. Tuesday and Thursday 8:30 a.m.-9:30 a.m.
LDS Chapel, 135 A Street. Call the instructor, Barbara
Cramer, with questions, 801-355-1856. Please bring your own mat.

The Agenda

Publisher's Statement

The monthly Greater Avenues Community Council newsletter "The Agenda" is mailed free to all residences in the Avenues. This publication is created to conduct the business of the Greater Avenues Community Council. Mail correspondence to P. O. Box 1679, Salt Lake City, UT 84110.

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GACC web page is www.slc-avenues.org.



Have you ever imagined how you would react if a fire broke out in your home?

Would you run outside? Would you grab a fire extinguisher (extra points if you actually have one!) or would you stop and call 911 from a phone inside the house?

According to FEMA's web site, there is little time to make a decision and act.

"In less than 30 seconds a small flame can turn into a major fire. It only takes minutes for thick black smoke to fill a house. Most deadly fires in the home occur when people are asleep. If you wake up to a fire, you won't have time to grab valuables. There is only time to escape."

"Heat is more threatening than flames. A fire's heat alone can kill. Room temperatures in a fire can be 100 degrees at floor level and rise to 600 degrees at eye level. Inhaling this super-hot air will scorch your lungs and melt clothes to your skin. In five minutes, a room can get so hot that everything in it ignites at once: this is called flashover.

"Fire isn't bright, it's pitch black. Fire starts bright, but quickly produces black smoke and complete darkness. If you wake up to a fire you may be blinded and unable to find your way around the home you've lived in for years.

"Toxic gases kill more people than flames do. Fire uses up the oxygen you need and produces deadly smoke and poisonous gases. Breathing even small amounts of smoke and toxic gases can make you drowsy, disoriented and short of breath.

Knowing the true nature of fire can help us prepare our families and ourselves. For more, go to FEMA.gov, search for home fires.

Third Avenue Again To Be Focus Of Snow-Day One-Side Parking Restriction

Again this year Third Avenue will be the focus of a one-side parking restriction when there's a big storm.

The Streets Division in Public Services currently clears snow from Salt Lake City streets, but plowing to the curbs is not feasible when vehicles are parked on the street.

On the Avenues, Third Avenue has been chosen as a test street for restricting parking to one side. And when it is in effect, the restriction is only from 1 a.m. to 6 a.m.

It's a pilot program, so it may or may not be extended later.

Residents and businesses impacted by this pilot program have already been notified via mail and informational material.

Parking restrictions will be in effect only if the City issues a "Heavy Snow Alert" based on forecast factors that deem the restriction necessary.

The city figures the alert will be needed only two to five times a season.

Third Avenue will be affected from Canyon Road to Virginia Street.

No other Avenues streets are involved, and no north-south streets are involved.

No tickets will be issued during the pilot phase, but warnings will be placed on cars of violators.



Q & A on one-side parking plan

I live on one of those streets. What do I have to do?

If an alert is declared by the City, you can be notified by a phone recording message to your home phone number or mobile number in English or Spanish, by text message in English or Spanish, and/or e-mail in English or Spanish. You can sign up for these alerts at: http://bit.ly/1iRHWp7 or call 801-535-7116 and we can sign you up.

AtHoc Notifier is the alert system we are utilizing to send out the alerts. They also have a mobile application you can download to use on your smartphones or tablets to receive alerts in English or Spanish. Click here to learn more and download. Upon downloading the application and verifying your e-mail address, it will prompt you for an Organization Code. That code is: SLCSEP.

You can also find alert information by calling 801-535-6500, by visiting our

website at www.slcgov.com/snow, or by visiting us on Facebook or Twitter.

What does the "Heavy Snow Alert" mean?

If an Alert is declared by the City, we ask that you park your vehicle on one side of the street between the hours of 1:00 a.m.-6:00 a.m. The alert will specify what side of the street you need to park on, and on what day. Parking will be restricted on either the odd or even side of the street based on address numbering and on the odd or even calendar day of the week. This will allow plows to clear snow to the curb overnight on one side of the street.

Why are you doing this?

This program will benefit residents and business owners by greatly improving snow removal from streets which, in turn, will improve the flow of traffic, improve access getting in/out of streets, improve safety, increase parking availability, reduce snow bound vehicles, reduce vehicle damage, reduce the amount of snow curbside, and reduce complaints due to snow removal in residential and business areas throughout the City. Another benefit of the program will be improved bike lane accessibility and improved transportation by ensuring bike lanes are cleared during and after heavy snow accumulations.

Will you enforce and ticket for this?

No, the City will not be issuing citations. However, there will be warning notices placed on vehicles not in compliance.

I have questions and concerns with this. Who can I call?

Please call SLC Public Services at 801-535-7116 or SLC Streets at 801-535-2345

You can also e-mail us at publicser-vicesinfo@slcgov.com or visit www. slcgov.com/snow.

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how interconnected we all are as neighbors. We each have an important gift to give. Too often I think we pass by people and don't notice the things that make them special and unique. It is easy to judge based on what they should be—maybe a tree with leaves—and not what they are—perhaps a pumpkin tree.

We are very fortunate in our neighborhood to have many residents who spend a great deal of their time giving community

service working to provide things that are necessary to the success of all living here in our beautiful city. Several of our neighbors work with those who are homeless and have brought to my attention that as the temperatures drop there are many who are not only cold at night but during the days as well.

The Road Home has asked that we send out a call to help our homeless neighbors by donating blankets and socks.

We will be collecting these at the Holiday Party this month and at the General Community Meetings in January and February. We will see that they are dropped off the day following our meetings so that they can be used and appreciated quickly. I wish you all warm and wonderful holiday season filled with laughter and love.

—Dianne

Popperton Participants Proud of Plentiful Produce

Popperton Plots ends another successful growing season.

The Avenues Community Gardens at Popperton Plots ended its second season of gardening. Several hundred pounds of produce was grown by all 37 gardeners.

New for this season was the installation of our four ADA gardening beds which worked out great. We also added a "vegetable share basket" which was located on the outside of the garden entrance gate. Gardeners could place extra produce in the basket for anyone walking, running or biking by to take and enjoy.

One section of our master plan for the garden was also installed which is the beginning of our gathering area. The gathering area was landscaped and ready for a pergola to be installed, hopefully next year. This will include more accent landscaping and an area for gardeners to sit, rest, read or visit with other gardeners. We still have much more to do, but we're getting there.



Popperton Plots gardeners gathered for a group photo.

The garden Fall meeting was held in October and expanding the garden was discussed at this meeting. We will be making a decision on future expansion by the next garden meeting in the Spring.

There is a waiting list to garden at Popperton Plots, and current gardeners are allowed to keep their plot for the next year by following all garden requirements, and by renewing their plot fees on time. If you're interested in gardening at Popperton Plots please go to; wasatchgardens.org or call 801-359-2658 for more information.

Thank you to all the gardeners for getting in there and making stuff grow! We also want to thank Van and Susan at Wasatch Community Gardens for all their support.

-James Woolf, Garden Steward

Snow Removal: Who Gets First Dibs on the Plows?

Snow season is here and Salt Lake City has posted some snow program facts online at http://www.slcgov.com/streets/snow-plow-information-facts-0.

That web site is loaded with information about coping with snow and snow plows. Snow removal is a major city assignment despite this being the second-driest state in the country.

We have our snow, and it is the greatest snow on earth. And sometimes there's plenty of it.

Some highlights of snow season: Around 90 employees toil to clear snow and ice from 1,858 road lane miles. That's the distance from Salt Lake City to St. George and back three times! In a year, crews will use approximately 16,000 to 20,000 tons of salt—the weight of 3,000 elephants!

Snow removal routes aren't just willy-nilly in a storm. There are pre-established priority routes and here are the top priority ones in and around the Avenues (unfortunately, the list is alphabetical, not by priority):

- 11th Avenue, from B Street to Virginia Street;
- 18th Avenue, all

- 2nd Avenue from State Street to east terminus end
- 3rd Avenue from State Street to east terminus end
- 8th Avenue from B Street to E Street
- 9th Avenue from B Street to I Street
- · Arlington Dr. etc., all
- B street from South Temple to 11th Avenue
- Chandler Dr. and Chandler Circle, all
- E Street from South Temple to 11th Avenue
- · Fairfax, all
- Federal Heights all
- I Street from South Temple to North Hills Dr.
- K Street from 10th Avenue to 11th Avenue
- L Street from 10th Avenue to 11th Avenue
- Terrace Hills Dr. from 11th Avenue to 18th Avenue
- University Street from South Temple to Virginia Street
- Virginia Street from University Street to north terminus end.

You can find more information on the city's snow removal program at:

http://www.slcgov.com/streets/streets-snow-removal.

Haul all your holiday goodies in our fabulous 2015 Edition Avenues Street Fair Tote!

Contact Peg Alderman at hallopeg@gmail.com or 281-731-8669.

Totes are \$10 each, 2 for \$18 or 3 for \$25.

We also have some 2014 editions as well!





NEIGHBORHOOD Apolate

The Weigh to Health® Program at LDS Hospital

The Weigh to Health® program is for overweight adults who want to lose weight, improve their health, and feel better every day. We provide support to help you reach your goals, including regular consultation with your program instructor, and a group exercise program at many facilities. This program works because:

- It's personal. You choose the classes that will help you learn the skills and knowledge you need.
- It's professional. The program is led by registered dietitians with training and experience in weight management.
- It's proven. The program is based the science about what works for weight loss, and how to help you make changes that will last for a lifetime.

The Weigh to Health® helps you learn not just what to do, but how to do it. You'll attend 12 (or more) sessions over a 6-month period and learn:

- How to shop for and prepare food that's nutritious, affordable, and great tasting.
- How to keep track of your own diet, exercise, and weight.

- How to be more physically active and enjoy it.
- How to set goals you can reach.

For more information, visit *intermountainhealthcare.org/nutrition* or call **801-507-3253**.

Free "Mommy & Me" classes at LDS Hospital

Join LDS Hospital's free Mommy & Me class and enjoy the company of other moms, learn new parenting skills, and develop confidence in your role as a mother and caregiver. The classes are instructed by Judi Rausch, a nurse and certified lactation specialist, and cover a variety of topics including infant massage, breastfeeding, postpartum depression, new parent coping strategies, and more.

The classes are held **every Wednesday from 10 a.m. to noon in LDS Hospital's education center.** Any mom with a child under 24 months, whether it's your first or your fourth, is invited. **If you have questions, please call Judi at 801-466-1245.**



GREATER AVENUES COMMUNITY COUNCIL

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P.O. Box 1679 Salt Lake City, UT 84110

THIS MONTH'S MEETING:

Wednesday, December 2, 2015
7:00 p.m.
Sweet Library,
9th Ave. at F Street

Dated material. Please deliver in-home not later than November 28.

Greater Avenues Community Council thanks LDS Hospital for their generous sponsorship of our activities.

