

# AGENDA

OF THE  
GREATER AVENUES  
COMMUNITY COUNCIL

[www.slc-avenues.org](http://www.slc-avenues.org)

May, 2017

Vol. XXI

Issue 5

representing the Avenues and  
Federal Heights neighborhoods  
of Salt Lake City, Utah

## Be ready: You never know when you'll need that 'go bag.'

by Kim M. Bowman Jr. **If the ground**  
2017 Chairman started shaking at  
2 a.m. during a  
snowstorm, or 2 p.m. while you were at work  
and your kids were at school, how would you  
find and keep your family safe until relief  
efforts could be mounted a week or more  
later?



Kim M.  
Bowman Jr.

How would you and your neighbors  
respond if your homes were no longer safe  
to live in? These are the questions we're  
asking this month with a focus on emergency  
preparedness.

Between scouting, being raised by a first responder, and  
military service, I've had several influences that have shaped my  
decisions on how to prepare for an emergency. Each member of  
my family has a portable 96-hour kit at home and a smaller 'go  
bag' in our cars. With a properly packed 96-hour kit, a family  
should have all it needs to keep and provide for itself in the  
immediate aftermath of an emergency. A backpack kept in the car  
is useful in many roadside emergencies, but is also designed to  
get you home if you had to walk to your larger supply cache from  
work or across town if the roads become impassable to vehicles.

Consider keeping a set of season-appropriate clothing near  
your bed at night and your supplies in wheeled or wearable packs.  
Think about hosting a meeting with the neighbors on your street  
so you can identify who might need more help or have unique  
supplies.

Some of the best practices for packing a kit are listed below,  
but each family has their own unique needs (e.g. caring for pets or  
family members with special needs.)

**Plan:** This might be the most important part of your  
preparation. Make sure each member of your family knows where  
to go and what to take.

**Water:** 1 gallon per person, per day. Consider water filtration  
and available water sources to cut down on weight.

**Food:** The servicemember in me has a love/hate relationship  
with Meals Ready to Eat (M.R.E.s), but I ended up packing SOS  
bars which stay edible longer and take up less space.

**Clothes:** In addition to seasonally appropriate outer clothing,  
consider packing "skivvy rolls," so you have fresh undergarments  
that you'll want to change more frequently. Don't forget work  
gloves and boots to protect your hands and feet.

**Shelter:** A few tarps, rope, and a quick tent provide quick

### GACC Community Meeting

May 3, 7:00 p.m.

Sweet Library

9th Avenue and F Street

**7:00 to 7:05—Welcome, Announcements (Chair)**

**7:05 to 7:35—Reports:** Library, Police, Fire, City, School  
Board, Legislative

**7:35 to 7:40—GACC Treasurer's report**

**7:40 to 7:45—Memory Grove Cleanup discussion**

**7:45 to 7:50—Seven Canyons Trust Presentation**

**7:50 to 7:55—Proposed Resolution on Clean Energy**

**7:55 to 8:00—Proposal to Remove Memorial Bench in  
Popperton Park**

**8:00 to 8:05—Spring Pickleball Court Grand Opening**

**8:05 to 8:10—Open Announcements**

**8:10 to 8:45—2017 Priority Issue no. 4 – Emergency  
Preparedness**

**8:45—Adjourn**

**8:45 to 8:55—Conversation with Neighbors/Clean Up**

shelter if your home becomes unsafe to live in. Consider sleeping  
bags and thermal blankets, too.

**Fire:** Whether for warmth, light, or food prep, having a  
heat source can be critical. Consider packing a camping stove,  
sternos, or varied ignition sources to start a classic wood fire.

**Tools:** A multi-tool will allow you to cut, pry and open cans.

**Flashlight & Radio:** Having a portable light source and the  
means to get weather and news updates might make all the  
difference in an emergency. Remember extra batteries.

**First Aid and Medications:** Ask yourself: how would I treat  
a bone break, cut, or burn if I couldn't readily get to a medical  
treatment facility?

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**AVENUES COMMUNITY MEETINGS**

**GACC Council Meeting**

Wednesday, May 3, 2017, at 7 p.m., Sweet Library. For special accommodations contact the GACC chair at gaccchair@slc-avenues.org. Open to the public, all welcome.

**GACC Board Meeting**

Wednesday, May 10, 2017, at 7 p.m., Sweet Library. For special accommodations contact the GACC chair at gaccchair@slc-avenues.org. Open to the public, all welcome.

Community Life / Resources / Free Stuff!

**Sweet Branch Library**, 455 F Street (at 9th Avenue), 801-594-8651, www.slclpl.org. **Kids Calendar:** *Book Baby*. Wednesday at 10:15 a.m.; *Preschool Storytime*, Wednesday at 11:15 a.m.; *Playtime @ Sweet*, Tuesday at 10 a.m. to 11:30 a.m. Playtime for children 0 to 5 years old and their caregivers. *Coding Club*, Monday, 4 to 6 p.m. Develop computer coding skills at your own pace in a creative and collaborative environment. Kids and teens ages 8 to 18 can take part in weekly workshops where they'll be able to work through a self-guided programming curriculum with the help of Library staff. Registration is required. Call 801-594-8651 during library hours. • *STEAM Activity*: Theme: Exploring Gravity. Thursday, May 4, at 4 p.m. • *LEGOs at the Library*: Thursday, May 11, at 4 p.m. • *Thursday Afternoon Craft*: May 18, 4 p.m. *Family Yoga*: Thursday, May 25 at 4 p.m. **Teen Calendar:** *May the Fourth Be With You*: "Revenge of the Sixth," Saturday, May 6, 2 p.m. to 5:30 p.m. Teens only please. Celebrate 40 years of Star Wars with activities, delicious treats, and more. Teens will be able to partake in Star Wars-themed food, crafts, and a costume contest, and will be able to see a screening of "Rogue One: A Star Wars Story." **Adult Calendar:** *Art Exhibit*: Sweet & Savory, works by the Sweet staff. Exhibit runs May 8 - June 17. • *Sweet Reads at Avenues Proper*; 376 8th Ave, 4th Tuesday at 7 p.m. This month we are reading "The Underground Railroad" by Colson Whitehead. Light refreshments will be provided at each event. Registration is required and can be done up to one week in advance of each event by visiting or calling the Sweet Branch. • *Author in the House*, Thursday, May 25 at 7 p.m. As artistic director of Robert Redford's Sundance Playwrights Lab for 14 years, David Kranes served as dramaturg and mentor for many now celebrated works in American theater, including Pulitzer Prize winners "Angels In America" (Tony Kushner) and "The Kentucky Cycle" (Robert Schenkkan). He also worked with other renown playwrights including

Donald Marguiles, Milcha Sanchez Scott and Philip Gotanda, and actors Kathy Bates, John Malkovich, J.T. Walsh and theater artist Julie Taymor. With many stories anthologized, David Kranes is a Pushcart Prize nominee for "Blue Motel," Pushcart winner for "Cordials" (1996)—this story appearing also in Best of Pushcart Anthology (2004); recipient of the Utah Governor's Award in the Arts, CBS Playwrights Award, National Repertory Play Contest, and Wrangler Award for Best Short Story Collection for "Low Tide In The Desert." His plays have been produced nationwide including major US theaters, Manhattan Theatre Club, Actors Theater of Louisville, and the Mark Taper Forum. David taught at the University of Utah as an award-winning teacher and has taught writing workshops throughout the US and Europe. He co-founded the Sawtooth Writers Conference and is a DFA graduate of Yale School of Drama. • *Parenting Series* at Sweet every Tuesday night in May at 6:30 p.m. Schedule:

- Tuesday, May 2 · Putting an end to arguing, back talk, and begging
- Tuesday, May 9 · Teaching responsibility without losing your love
- Tuesday, May 16 · Setting Limits without waging war
- Tuesday, May 23 · Guiding kids to own and solve their problems. Attendees must be at least 18 years old. No childcare is provided. • *Teach Yourself Tech: Email and Facebook Basics*, Friday, May 5, 2 p.m. to 3:30 p.m.
- *Simple Steps for Starting Your Business*, Saturday, May 13, 10 a.m. to 1 p.m.

**Wasatch Elementary Art Showcase Set May 19.** Student art show and community gallery rolls around again. Items will be available for purchase. 30 R Street, Friday, May 19 from 5:30 to 8 p.m.

**City Academy, 555 E. 200 South, 801-596-8489, www.cityacademyslc.org**, 7th to 12th grade tuition-free public charter school since 2000. Now enrolling for fall 2017. Call for a personal tour.

**Popperton Plots:** The Avenues Community Garden begins its fourth growing season and organizers are eyeing a new drip irrigation system and garden expansion (as the plots typically fill up each season.) If you are interested in finding out more about Popperton Plots use the following link; wasatch-communitygardens.org or call the office at 801-359-2658.

**Girl Scouts of Utah would like to partner with the community** to provide a high quality, girl-centered experience for tomorrow's leaders. We are looking for Volunteers, Troop Leaders and Girl Scouts! **VOLUNTEERS:** Introduce girls to new experiences that show them what they're capable of. Whether you can give a day, a few weeks, or the whole year, it all starts with you. Volunteer at GSUtah.org **GIRLS:** At Girl Scouts, girls have new experiences that give them that super-excited, jumping, giggling, butterflies-in-the-stomach feeling. We design activities to teach girls about themselves and their world. A year with us is filled with the kind of moments she just can't wait to tell everyone about. Claim your spot today at GSUtah.org/join. Please contact Tana Gaia at tgaia@gsutah.org or 801-716-5109.

**The Agenda**

Publisher's Statement

The monthly Greater Avenues Community Council newsletter "The Agenda" is mailed free to all residences in the Avenues. This publication is created to conduct the business of the Greater Avenues Community Council. Mail correspondence to P. O. Box 1679, Salt Lake City, UT 84110.

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**GACC web page is www.slc-avenues.org.**

**20th Annual Park Spruce-up**

**Memory Grove Cleanup is May 13**

Proudly marking its 20th year, the Memory Grove Cleanup will get underway Saturday, May 13 at 8 a.m.

One of GACC's signature events, the cleanup draws up to 300 people who volunteer to weed, rake, trim, chop and mulch the memorial park in three to four hours of intensive work.

Coordinator Phil Carroll, who is the cleanup's 'go to' guy for everything, said the successful strategy of past years will be followed: work beginning around 8 a.m., covering from the gate to Memorial House, then a free lunch at noon at the 4th Avenue Park sponsored by LDS Hospital. Ensign LDS Stake will provide stoves, tables and chairs. As always, workers should bring their own hats and gloves and wear sturdy shoes. Salt Lake City Parks Department employees will provide the shovels and rakes and will bring scoop loaders and dump trucks to haul off the gleanings.



**New Pickleball Courts Grand Opening on May 12 at 2 p.m.**

Mayor Jackie Biskupski will formally open the new 11th Avenue tennis and pickleball courts on Friday, May 12, after a year-long construction project.

The \$1.4 million job is creating six new pickleball courts and six new tennis courts.

Location is the 11th Avenue Park and Terrace Hills Drive. Parking is off Terrace Hills Drive and on the street.

The ceremony will feature representatives of the Utah Pickleball Association, the Avenues Athletic League and Greater Avenues Community Council.

Want to try pickleball? There will be a demonstration after remarks to try out this new—and explosively growing—sport.

Sponsors said to bring your own chair, hat and sunglasses.

Pickleball is now played on many courts statewide. It combines elements of tennis, badminton and table tennis. The surface is one-third the size of a regulation tennis court, with a net lowered to 34 inches. Players use a paddle and a polymer ball, similar to a wiffle ball.



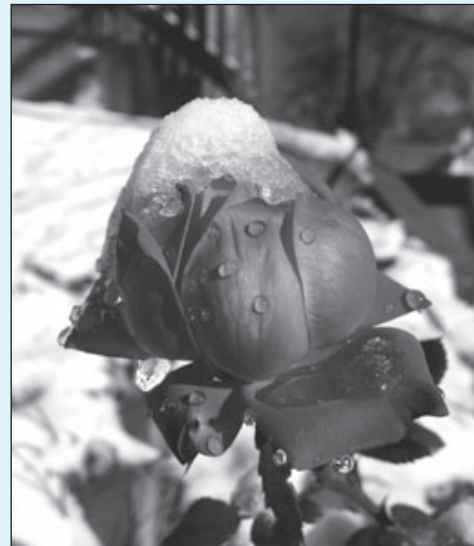
A tournament to benefit the City Academy charter school is set for May 19-20. The competition will be the first pickleball tournament in Salt Lake City held at the brand new courts.

**May theme for our monthly photo**

**contest: "May Day"**

Congratulations to Brian Berkelbach whose picture of a snow-topped red rose is our photo contest winner!

Please send your May photo submissions to [gaccchair@slc-avenues.org](mailto:gaccchair@slc-avenues.org) by May 10.





## Preparing Neighborhoods for Disasters

by Carleton DeTar

Geologists tell us that the Wasatch Front is due for a major earthquake, possibly within our lifetimes. So it is wise to give some thought to how we would respond, both as families and as a community.

The first important consideration is that in a disaster, we can't count on getting help from professional responders – fire, police, ambulance – nor can we count on common utilities, such as electricity, water, gas, telephone, and sewers. So we must be ready to take care of ourselves. Even a modest amount of planning and personal preparedness can make the difference between desperation and coping or even between death and survival.

The Be Ready Salt Lake City web site, <http://www.bereadyslc.com> has lots of preparedness information. Now is a good time to explore this site.

Major earthquakes are not the only potential threat requiring community preparation and response. Others include extended winter power outages, landslides, massive chemical spills, gas leaks, and wildfires threatening multiple homes.

Preparedness starts in the home and family. Everyone should have a 96-hour kit, plans for family reunification, plans for an out-of-state contact, etc. Tall furniture and gas appliances should be secured. Have a home fire extinguisher and make sure everyone know how to use it. Know how to shut off gas and electricity if necessary. Plan how you would care for pets if you need to evacuate.

A great many homes in the Avenues are built with unreinforced structural masonry. This form of construction is highly vulnerable to earthquakes. Salt Lake City has a "Fix the Bricks" program with information on what to do about it. See <http://www.bereadyslc.com/fix-the-bricks/>.

After home preparedness comes community preparedness.

The Salt Lake City Office of Emergency Management is developing a program in partnership with the Salt Lake School District and the American Red Cross to help our communities respond to a disaster. It is called the S.A.F.E. program (Schools Aid Families in an Emergency). But it requires our participation.

According to the plan, our local elementary schools are designated as a disaster service and response hubs that we, as a community, operate – not the city and not the Red Cross. Family reunification, shelter services, CERT (Community Emergency Response Teams), HAM emergency communications, etc. are to be organized from there.

Our local elementary schools, Ensign, Wasatch, and the Open Classroom, are receiving kits with instructions for organizing disaster response. When disaster strikes, it is our job as neighborhood residents to implement the instructions. In addition to planning, a little advance training will clearly help. So the Greater Avenues needs volunteers to work out plans with the schools and to train. Check with the school principal to find out how you can help. Visit <http://www.bereadyslc.com/s-a-f-e-neighborhoods/s-a-f-e-training-schedules/> for a schedule of S.A.F.E. program orientation sessions.

Besides the S.A.F.E. program that involves large chunks of the Greater Avenues, neighborhoods of a couple dozen or so homes in size can protect themselves by making plans for checking on and helping each other in a disaster. Do you know which of your neighbors might need extra assistance in a disaster? Schedule a neighborhood meeting. Talk about how you would check on each other. For example,

some neighborhoods might plan to put colored ribbons on their doors that indicate status: green means "we're OK," yellow means trouble, red means "we need urgent help." Find out who has equipment of good use in a disaster – for example, a chain saw or an electrical generator.

In a disaster there will be many volunteers wanting to help out who won't know how to mount an effective response. This is why it is vital that a sufficient number of neighborhood residents have some disaster training so they can organize a response. Here are ways you can be one of those key members of your community. Your neighbors will thank you!

1. *Train for your CERT (Community Emergency Response Team).* CERT training typically involves seven three-hour classes. Instruction includes home preparedness, light search and rescue, small fire suppression, disaster triage and medical treatment, team organization and psychology. These are skills that could save many lives. Go to <http://www.bereadyslc.com/community-preparedness/c-e-r-t/> for upcoming classes. CERTs play a vital role in organizing disaster response. The Greater Avenues needs more neighborhood CERTs – there are only a couple active ones.

2. *Train with your local emergency ham radio organization.* The Salt Lake Crossroads Amateur Radio Club has been asked to provide city-wide communication in a disaster, but they need more members to be effective. Together with CERT, they play a vital role in disaster response. Go to <http://www.bereadyslc.com/community-preparedness/ham-radio/> for more information.

3. *Train with the American Red Cross for shelter operation.* Call (801) 892-4000 for a schedule of shelter classes. While schools may not qualify as official Red Cross shelters, the same principles of temporary shelter operation apply.



Carleton DeTar

### Street Fair Call for Booth Vendor Applications

We are now accepting Booth Vendor Applications for the 2017 Avenues Street Fair, which is on Saturday, September 9, 2017, 9 a.m. to 6 p.m.

We are encouraging arts, crafts,

food, and retail vendors, as well as political and non-profit organizations to apply. The 2017 Street Fair will feature around 200 booths, which is the city's maximum allowed for this type event.

To submit an online application please visit [avenuesstreetfair.org](http://avenuesstreetfair.org). Booth applications are due July 31.

—Brian Berkelbach, 2017 Avenues Street Fair Chair

## "Range 2 River Relay" Set May 13

On May 13, the Seven Canyons Trust is hosting its second-annual "Range 2 River Relay," sponsored by Salt Lake City, GREENbike, Splore, and the Jordan River Commission.

This race, beginning at 10 a.m., is an active transportation team relay to explore the Salt Lake valley's waterways from pristine headwaters to buried creeks and channelized canal to meandering river.

Competitors will bike the path of City Creek, boat in the Jordan River, and run the Jordan River Trail, showcasing opportunities to connect communities and ecosystems between the Wasatch Range and the Jordan River. Teams will consist of a biker, boater, and runner. Participants will race from the Wasatch Mountains to the Jordan River—range to river. The first teammate will follow City Creek via bikes donated by GREENbike, continuing as the creek gets buried underground. This leg will end at the creek's confluence with the Jordan River, the historic Utah State Fairpark property.

The second teammate will boat the Jordan River northward with canoes donated by Splore. Participants will follow the river as it transforms from a channelized canal to a meandering, healthy river. The Jordan River Trail will be utilized for the final stretch of the race.

The final teammate will run past native riparian vegetation, as well as invasive invaders.

Registration is now open <http://sevencanyonstrust.org/events>. If you don't feel like competing, come learn about local causes

and enjoy eats and drinks from at the Finish Line Celebration. Cheer on competitors as they finish the bike legs, start the boat leg, and end the running leg and race, and make sure to stay for the crowning of this year's champions!

## Masonic Temple Open House

It's safe to say many Avenues residents have driven by the Salt Lake Masonic Temple thousands of times and have no idea what's inside.

The venerable Utah Masonic organizations have a rich tradition of serving their communities, and on May 6, Utah Masons will open the doors of the Salt Lake Masonic Temple, 650 E. South Temple, for public visits.

The 1927 building is an example of Egyptian Revival architecture and is dedicated to President George Washington, who was a Mason.

Tours will start at 10 a.m.



## 4 DON'T MAKE THESE COMMON SPRING SAFETY MISTAKES

By Nate Whittaker

Spring is a great time to get out and enjoy the warm weather, but there are spring safety hazards that can result in injury, including some that are serious. The LDS Hospital Emergency Department is busier during the warmer months with injuries can happen in your house or front yard. Use caution this spring and watch out for these common safety hazards.

### MOWING THE LAWN

Lawn mowers and gardening tools can be dangerous. Children shouldn't be allowed to play near mowers. Objects hidden in the grass, such as rocks, screws, or metal wire fragments, can become dangerous projectiles, striking the body or the eye. Wear protective eye wear and turn the mower completely off before clearing grass from the lawn mower.

### LIFTING HEAVY OBJECTS

Back pain is one of the most common complaints in the Emergency Department all year long. Back injuries can occur with lifting, bending, and twisting that is performed improperly. Whether you're organizing the garage or cleaning closets, practice good lifting techniques — use proper posture by lifting with your legs, not your back. Get help with lifting heavy furniture and wear a supportive back brace or lift belt for additional support.

### CHEMICALS

For the safety of children, always keep chemicals, such as pesticides, out of reach and locked up with secure lids. Never store chemicals in anything once used for food or drink. Unfortunately, serious injury and death have occurred in children who mistook chemicals for soda pop. In addition, do not mix chemicals unless you're following specific directions, as this can produce hazardous fumes.

### LONGBOARDING/SKATEBOARDING, BIKES, AND SCOOTERS

Injuries associated with skateboards, bikes, and scooters are very common in the emergency department. Broken arms, lacerations, and head injuries are some of the injuries presented in emergency departments. Always wear a helmet. Wrist and hand guards are helpful to avoid abrasions and lacerations. Remind loved ones to watch their speed and stay in control.

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**THIS MONTH'S MEETING:**  
**WEDNESDAY,**  
**MAY 3, 2017, 7:00 P.M.**  
**SWEET LIBRARY,**  
**9TH AVE. AT F STREET**

**Important dated material. Please deliver in-home by April 28**

Greater Avenues Community Council thanks LDS Hospital for their generous sponsorship of our activities.

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