

AGENDA

OF THE GREATER AVENUES COMMUNITY COUNCIL

www.slc-avenues.org

July, 2017

Vol. XXI

Issue 7

representing the Avenues and
Federal Heights neighborhoods
of Salt Lake City, Utah

Air Quality in Our Valley is a Year-round Issue

by Kim M. Bowman Jr.
2017 Chairman

We've become unfortunately infamous for our poor air quality during winter inversions, when parts of Utah regularly have the most polluted air in the nation, but did you know air quality is a summer issue, too?

Our hot, still air makes for ozone issues when vehicle emission build in the valley, and the mix of oxides of nitrogen and volatile organic compounds in the sun makes for poor air quality days.

No matter what time of year it is, seniors and children are most impacted by the state of pollution in our community, and everyone's health is put at risk (e.g. research shows poor air quality increases the likelihood of heart attacks).

The tough truth is we need to clear the air, but action is difficult because it requires us to come to grips with a complex problem, compounded by natural and human-caused factors, and for us to make changes that are sometimes more costly or inconvenient.

The first step towards improving our air quality is to identify the major causes of pollution. Different types of pollutants come from different sources and in varying amounts, making a multi-pronged approach the most sensible way to combat all types of emissions.

Cars, homes, and businesses account for the majority of carbon monoxide, nitrogen oxides, PM10 and PM2.5 particles, while industry like refineries and smelters contributes greatly to nitrogen oxide and the majority of sulfur oxides.

Improving only one of these pollutants will not solve the problem as a whole, so we need to decrease emissions across-the-board to be effective.

Together, we can reform our individual practices and work with our lawmakers at the local, state, and federal levels to enact policies that make community-level change possible. Here are a few air quality improving ideas that you might find interesting:

- Install solar panels and providing financial tools to make them affordable for more homeowners
- Set a long-term community growth and development plan that makes it easier for people to get around without their cars
- Demand cleaner gasoline and fuel efficiency



Kim M.
Bowman Jr.

GACC Community Meeting

July 5, 7:00 p.m.

Sweet Library

9th Avenue and F Street

7:00 to 7:05—Welcome, Announcements (Chair).

7:05 to 7:35—Reports: Library, Police, Fire, City, School Board, Legislature.

7:35 to 7:45—Avenues Baseball/Lindsey Gardens

7:45 to 7:55—University of Utah Trauma Department, "Stop the Bleed Training"

7:55 to 8:05—Zoning amendment for 63 South 900 East

8:05 to 8:10—Open Announcements

8:10 to 8:45—2017 Priority Issue: Air Quality

8:45—Adjourn

8:45 to 8:55—Conversation with Neighbors and Clean Up

- Advocate for programs that help people replace old appliances and home equipment, and those to repair cars that fail emissions tests
- Seek expanded fare relief for UTA riders and better, more comprehensive public transit services
- Support incentive programs to residents to replace inefficient furnaces, water heaters, and two-stroke engine snow blowers and lawn equipment
- Expand and enforce no-idle legislation and increasing the fee for repeated offenses
- Encourage stronger walk- and bike-to-work and telecommuting programs

continued on Page Three

In This Issue:

Fireworks safety, p. 2

Air quality sensors for the home, p. 3

Sewer rehabilitation projects, p. 4

Phil Carroll honored for cleanup efforts, p. 4

Summer message from Detective Gibic, p. 4

Concerts in Brigham Young Park, p. 4

Street Fair 2017 updates, p. 5

AVENUES COMMUNITY MEETINGS

GACC Council Meeting

Wednesday, July 5, 2017, at 7 p.m., Sweet Library. For special accommodations contact the GACC chair at gaccchair@slc-avenues.org. Open to the public, all welcome.

GACC Board Meeting

Wednesday, July 12, 2017, at 7 p.m., Sweet Library. For special accommodations contact the GACC chair at gaccchair@slc-avenues.org. Open to the public, all welcome.

Community Life / Resources / Free Stuff!

Sweet Branch Library, 455 F Street (at 9th Avenue), 801-594-8651, www.slcp1.org. Kids Calendar; Book Baby. Wednesday at 10:15 a.m.; Wednesday, Preschool Storytime. Wednesday at 11:15 a.m.; Playtime @ Sweet. Tuesday at 10 a.m. to 11:30 a.m. and Wednesday at 3:30 p.m. to 5 p.m. (Playtime for children 0 to 5 years-old and their caregivers.) Coding Club. Monday, 4 to 6 p.m. Develop computer coding skills at your own pace in a creative and collaborative environment. Kids and teens ages 8–18 can take part in weekly workshops where they'll be able to work through a self-guided programming curriculum with the help of Library staff. Registration is required. Call 801-594-8651 during library hours. • Scales & Tales. Saturday. July 1 at 10 a.m.; • Candy Construction. Thursday, July 6 at 2 p.m.; • Teddy Bear Picnic. Monday, July 10 at 2 p.m. Registration is required. • LEGOs at the Library. Thursday, July 13, at 4 p.m. • LEGOs Animation. Monday, July 17 at 11 a.m. (ages 5-8) 12:30 p.m. (ages 9-12) Registration is required. • Preschool Building Zone. Thursday, July 20 at 1:30 p.m. • Explore with Clark Planetarium. Friday, July 28 at 11 a.m. • Teen Calendar: • Coding Club: Monday, 4 p.m. - 6 p.m. Registration is required. Call 801-594-8651 during library hours. Ages 8-18. • Read-A-Thon. Friday, July 7 at 2 p.m. • Portal for Teens. Wednesday, July 12 at 12:30 p.m. Registration is required. • Film in the Crafternoon. Fantastic Beasts and Where to Find Them. Friday July 14 at 2 p.m. • Plant a Better World. Friday, July 21 at 1 p.m. • Adult Calendar: Art Exhibit: works by Open Studio. Exhibit runs July 3 through August 19. Art Reception on July 8 from 3 p.m. - 5 p.m. • Sweet Reads at Avenues Proper 376 8th Ave: 4th Tuesday at 7 p.m. • SCORE: Networking, lifehacks and priority lists for your business. July 15 at 10 a.m. • Board in the Library on July 22 at 2 p.m. • Author in the House on July 27 at 7 p.m.

The Agenda

Publisher's Statement

The monthly Greater Avenues Community Council newsletter "The Agenda" is mailed free to all residences in the Avenues. This publication is created to conduct the business of the Greater Avenues Community Council. Mail correspondence to P. O. Box 1679, Salt Lake City, UT 84110.

GACC 2017 Officers and Publisher Contacts:

Chair: Kim M. Bowman Jr., gaccchair@slc-avenues.org.
Chair-elect: Brian Hatton, gaccchairelect@slc-avenues.org
Past-chair: Dave Alderman, past-chair@slc-avenues.org
Treasurer: Michael Hughes, gacc treasurer@slc-avenues.org.
Secretary: Peg Alderman, gacc secretary@slc-avenues.org.
Newsletter: Dave Jonsson, newsletter@slc-avenues.org.

GACC web page is www.slc-avenues.org.

Free Movies in the Parks— Friday, July 7th - Ferris Bueller's Day Off, Fairmont Park, 900 E. 2361 South; Friday, July 14th - Toy Story, Wasatch Hollow Park, 1700 S. 1650 East. Bring blankets and your own chairs. Join us from 7:30 p.m. to 9 p.m. for pre-movie music and food by The Food Truck League. Movies start around 9:15 p.m.

Avenues Open Studios call for artists, all disciplines, for the event September 16th. Please call Anne Albaugh (801) 554-9805.

City Academy, 555 E. 200 South, 801-596-8489, www.cityacademyslc.org, Your neighborhood middle and high school. Now enrolling for fall 2017. Call our office for a personal tour or more information.

Avenues exercise class -free- Federal Heights church building, 1300 Fairfax Road. Mondays and Wednesdays, 8:30 a.m. to 9:30 a.m. Call Renate Nebeker 801-534-1443.

Vacation Bible School, at the First Presbyterian Church, July 10-14 from 9 a.m. to Noon. C Street and South Temple. Register at www.fpcslc.org.



Be Safe in '17

Here are some great safety tips from the Salt Lake City Fire Department for those who choose to purchase and use legal fireworks:

- Never allow young children to handle fireworks
- Older children should use fireworks only under close adult supervision
- Anyone using fireworks or standing nearby should wear protective eyewear
- Only use fireworks away from people, houses and flammable material
- Only light one device at a time and maintain a safe distance after lighting
- Never ignite devices in a container
- Do not try to re-light or handle malfunctioning fireworks
- Soak unused fireworks in water for a few hours before discarding
- Keep a bucket of water nearby to fully extinguish fireworks that don't go off or in case of fire.

Air quality sensors to be released to the public in Fall, 2017

by Tom Becnel

Residents will soon be able to measure the pollution in and around their homes with the innovative work being done by University of Utah AirU team.

With support from the National Science Foundation, the Lawrence T. and Janet T. Dee Foundation, The Rocky Mountain Power Foundation, a team of University of Utah professors in the college of engineering, including Kerry Kelly, Tony Butterfield, Miriah Meyer, Ross Whitaker, and Pierre Giallardon are working with students on several projects to develop a novel strategies to include citizens in the science of air quality and low-cost sensing. The projects include:

Providing low-cost sensors to the community to measure air quality in Salt Lake Valley to aid in the development of high-resolution, real-time air-quality maps.

Partnering with teachers, environmental activists and schools to bring low-cost air quality sensors and teaching modules to classrooms along the Wasatch Front.

Developing the next generation of ultra-low-cost air-quality sensors and tools to interact with the sensor data.

Data from the sensors will provide

a broader, more detailed understanding of air quality in the Salt Lake Valley as well as a better understanding of sensor performance.

With the help of residents and school partners, the air-quality measurements will be available to the public and students to determine the effects of local pollution sources, weather factors, and land-use patterns on air quality, as well as identify potential pollution hot spots.

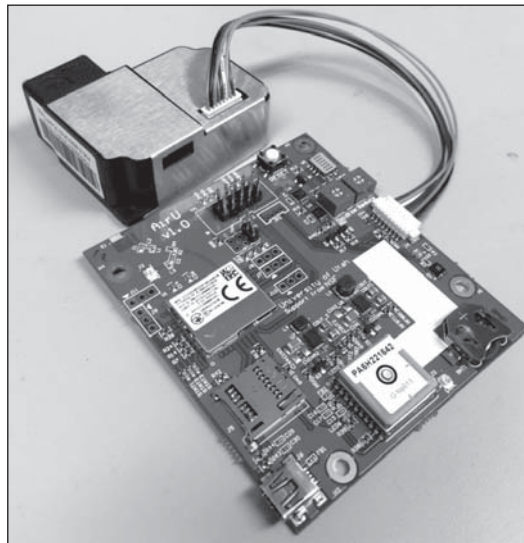
Beta sensors were deployed in June, with the first release of 150 sensors to the public scheduled for Fall 2017.

If you are interested in hosting a sensor, are a school interested in the program, or have any questions, please contact Tom Becnel (thomas.becnel@utah.edu) for more information.

Sensors do require a WiFi connection and power, and ideally a covered location. The connection to a university server is completely secure. Funding is limited.

Beyond the NSF-sponsored sensors, additional sensors are available for the cost of the materials, approximately \$200.

This project offers a rare opportunity to measure pollution in Salt Lake Valley and provide feedback the sensors and ways to interact with the results.



Sensors like this (but enclosed in weatherproof covers) will be available to the public starting this Fall.

continued from Page One

- Emphasize vapor collection at gas stations (the sleeves that go over the pump and catch vapor and are required in many other states)
- Impose stronger restrictions and incentives for industry, businesses, and individuals to be more efficient and to move to cleaner power sources

Let's work together to make sure Utah has the greatest air to go along with our "Greatest Snow on Earth."

—Editor's note: The July-August issue of *Popular Science* magazine devotes a full page to Salt Lake City's inversion problem, describing how it happens and why.

Discouragingly, the magazine features an illustration of Salt Lake City's "snow globe" weather in the winter, with the skyline drenched in brown dirty air and clear and fresh-looking mountains in the background. And all of it encased in a glass dome named "Salt Lake City." It's a sight not foreign to higher-Avenues residents, who can see the valley murk when they drive down the hill to work.

July theme for our monthly photo

contest: "Summer Travels"

Congratulations to our photo contest

winner Brian Berkelbach!

Please send your July photo

submissions to [gaccchair@slc-](mailto:gaccchair@slc-avenues.org)

avenues.org by July 15.



Sewer repairs set for Avenues this summer; officials promise minimal disruption

Several million dollars-worth of sewer repairs are slated for the Avenues this summer and fall.

City officials say the work in any one area may take as little as one day and there won't necessarily be extensive digging in front of your house.

And, they promise, while you will have to avoid using water for up to six hours one time, you'll get 48 hours' notice of the work.

The Avenues' aging sewer system needs maintenance and six areas have been targeted as most in need, said Alex Christensen, engineer for the city.

Crews will insert special liners in the sewer lines, requiring digging only at each of the ends of the projects.

Projects scheduled are:

- Canyon Road, from 4th Avenue to 270 North
- H Street – from 9th Avenue to 575 North and I Street, 575 North to I Street
- Chandler Circle, back of property
- 8th Avenue, D Street to E Street
- I Street – 6th Avenue to 10th Avenue and 6th Avenue from H Street to I Street and J Street from 8th Ave. to 9th Ave.
- Penrose Drive – Military Way to 1492 East.

Work will take place only in the public right-of-way and pipes may be placed on parking strips. Letters have been sent to affected property owners and 48 hours prior to every project, the contractor will be required to hand-deliver to every home a notice of the work and time frame and potential impact.

Traffic on the street will be maintained.

A contractor or contractors have not been chosen yet; that happens July 14. So that means start dates are not yet known.



Cop Corner
By Det. Alen Gibic,
SLCPD Community Intelligence Unit,
801-799-3623

It's finally summer! This means that more people will be out.

As you hike areas above the Avenues I would like for you to report any transient camps to me at my email address.

I have spent time on foot there and was able to get some camps removed with the assistance of the health department.

If you have speeding or other traffic complaints I would like for you to tell me directly via email, so I can personally send the complaints to our motor officers and keep track of them.

Last but not least, please be nice to your neighbors and drive safely. Kids are out, joggers are jogging and people are riding bikes.

Don't let a bad decision change your life forever!



Det. Gibic

Free concerts at Historic Brigham Young Park,

North Temple and State Street. July schedule, all at 7:30 P.M.

- 4 *No park concert*. Independence Day holiday.
- 7 *On the Air Fresh*, four-part arrangements of 1940s music.
- 11 *Craig and Tamlisa Miner*, husband and wife blue-grass duo.
- 14 *No park concert*. Annual pioneer concert in the Conference Center featuring the Mormon Tabernacle Choir and Orchestra at Temple Square. For ticket information visit lds.org/events or call 1-801-570-0080.
- 18 *Sam Payne*, singer, songwriter, and storyteller.
- 21 *Rocky Mountain Express*, national champion cloggers and power tap dancers.
- 25 *4 Hims and Just Cuz*, barbershop from our family to yours.

28 *Jenny Oaks Baker Workshop*, Violin performances by workshop participants and Jenny Oaks Baker.

Phil Carroll is Honored

Working tirelessly each spring for the past 20 years to get the Memory Grove Cleanup off the ground, GACC board member Phil Carroll was honored in June by the council's board.

Phil was presented a plaque of appreciation by Kim M. Bowman Jr., chairman.

The Cleanup is one of GACC's signature events and draws up to 300 volunteers who weed, rake, and mulch at the park.

Phil has been organizing this event on the second Saturday of May each year since 1998. He coordinates with the City Parks Department, LDS Hospital and many community organizations, including the GACC, Scouts, churches, and schools.

Phil thanked the GACC for the plaque and also thanked all the volunteers who have helped over the years.

—Dave Alderman



Phil Carroll

Introducing the 2017 Featured Artist, Evan Smith

Each year the Street Fair Committee selects an artist who will prepare an original piece that describes what the Avenues means to them. The design becomes the official promotional art for the Fair.

This year’s choice is Evan Smith, an Avenues resident and Utah native. Evan has prepared an original work that highlights Evan’s passion and appreciation for our wonderful community. Look for Evan’s work on Street Fair posters around the neighborhood, on the GACC website, and in other local publications.



Evan Smith

Evan grew up on the corner of P Street and First Avenue, a son of two well-respected local artists. While attending Wasatch Elementary, Bryant Jr. High, and East High School, Evan pursued other interests, but ultimately discovered his talent for art while attending the University of Utah.

Evan has a drive for teaching and sharing his knowledge with others. After receiving a BFA from the University of Utah, he taught at the Visual Arts Institute, and then in Botswana, Africa while volunteering for the Peace Corps with his wife, Carolyn. Evan taught at Hillside Middle School, and is now in his 11th year at West High School, teaching Drawing and Painting. Evan preaches principles of hard work, dedication, and persistency. You’ll be able to purchase Evan’s work on a T-shirt at the GACC booth, with proceeds going to the GACC general fund. Please stop by and say hello!

—Brian Berkelbach, 2017 Avenues Street Fair Chair

Avenues Street Fair Location Revealed

The Avenues Street Fair will be on Saturday, September 9, 2017. The Planning Committee has been very active; we will be seeking volunteers in next month’s newsletter, so stay tuned if you’re interested in getting involved!

We have canvassed the neighbors along the proposed route, submitted our first permits, and have the artwork for our posters and T-shirts. Booth applications are currently open and filling up fast, and we have a great lineup of entertainers for our two stages. We will release the band names, stage, and set times next month.



Brian Berkelbach

This year’s Street Fair will be held on *8th Avenue, between H and M Streets*. 8th Avenue features nice wide streets, unique architecture, an abundance of shade, and great access to Lindsey Gardens and our newly installed community playground.

We want to remind everyone of additional ways to get involved and the related deadlines, as they are fast approaching.

The “People’s Art Gallery” is a contest where prizes are given in five categories: 0-9 years, 10-14 years, 15-18 years, adult amateur, and adult professional, as well as the People’s Choice Aware. Last year we had paintings, photography, and jewelry pieces entered. Applications are due August 15th.

Booth applications are open until August 1. We are encouraging arts, crafts, food and retail vendors, as well as political and non-profit organizations to apply. Visit avenuesstreetfair.org for additional information and application processes.

—Brian Berkelbach, 2017 Avenues Street Fair Chair



Intermountain®
LDS Hospital

NEIGHBORHOOD *Update*

Top Foods for a Healthy Heart – By Ali Spencer, LDS Hospital Outpatient Dietitian

The American Heart Association recommends choosing a diet that is low in sodium, low in fat – especially saturated fat and trans fats, as well as rich in fruits, vegetables and whole grains. These are some of the heart-healthy powerhouse foods I recommend everyone include in their diet on a regular basis.

Oily fish: Choose a fish like salmon or tuna because they’re rich in Omega 3 fatty acids. Omega 3 fatty acids can help reduce inflammation, increase HDL cholesterol levels and help lower Triglyceride levels. Eating 3 ounces, about the size of your fist, of fatty fish two to three times per week will help you meet the recommended amount of Omega 3 fatty acids.

Beans or Lentils: Not only are they an excellent source of potassium and protein, beans are packed with soluble fiber. Eating 10-20 grams per day of soluble fiber can reduce LDL levels significantly. A three-quarter cup serving of beans/lentils contains about 5 grams of soluble fiber, so almost half of what is recommended. Have beans on the side or add to your salad, pasta, or soup.

Soy: Soy protein is great for our heart. By including more soy protein, not only are we reducing animal proteins, which can be high in saturated fat, but 25 grams of soy protein is known to reduce LDL cholesterol levels. If you’re looking for an easy way to add more soy to your diet, try adding tofu to your breakfast smoothie.

Nuts/Seeds: Nuts and seeds are powerhouses because they are a great source of B vitamins, protein, fiber, and unsaturated fats. Eating half a cup of raw nuts daily will reduce LDL cholesterol levels up to 6 percent. Eat nuts as a snack or add them to your cereal or salad.

THIS MONTH'S MEETING:
WEDNESDAY,
JULY 5, 2017, 7:00 P.M.
SWEET LIBRARY,
9TH AVE. AT F STREET

Important dated material. Please deliver in-home by June 30

Greater Avenues Community Council thanks LDS Hospital for their generous sponsorship of our activities.

Leo Sotiriou, M.D.
DERMATOLOGY
 call for an appointment (801)521-5630
 250 E 300 So #330 ample free parking in rear.

Convenient
 Downtown
 Location


Mike Evertsen
 "The Avenues Specialist"
 801-560-2138 www.slcity.com/mike
 email: merunner54@hotmail.com
 A member of Plumb & Co. Realtors

PHILLIPS GALLERY
 444 E. 200 S. Hours: TUESDAY - FRIDAY 11 - 6, SATURDAY 11 - 4
SUMMER GROUP SHOW
 GALLERY STROLLS: JULY 21, 6-9PM
 & AUGUST 18, 6-9PM
 Upcoming Exhibit: July 21 - September 8

NOW ENROLLING FOR FALL 2017
 Graduates earn a \$1,000 college scholarship


CITY ACADEMY
 555 E. 200 S. • Salt Lake City, UT 84102
www.cityacademyslc.org • 801-596-8489 Grades 7-12

Cat et cetera
 Loving care for your cat.
 Daily or twice-daily visits.
 Licensed, bonded, insured.
 catetcetera.com • 801.560.1394



• EST. 2012 •
AVENUES
 BISTRO ON THIRD
 564 3rd Avenue
 Open to serve you Wednesday through Sunday
 9:00 a.m. to 9:00 p.m.




CITY VIEW MEMORIAM
 Charm • Value • Service
 Visit Our Elegant Funeral Home
 1001 E. 11th Ave.
cityviewmemoriam.com • 801-363-7065

Avenues Dog Grooming
 801-953-0116
 or book online at
www.avenuesdoggrooming.com



DESIGN BUILD

CAPITOL HILL CONSTRUCTION
 RESTORING & REMODELING
 THE GREATER AVENUES
 533.0204 • caphillecon.com

Gina Koziatek
 801.631.6446
Gina.Koziatek@UtahHomes.com
 YOUR NEIGHBORHOOD REALTOR®



LAURA CUSHMAN
 City Council
 District 3
www.cushmanforcouncil.com

