

AGENDA

OF THE GREATER AVENUES COMMUNITY COUNCIL

www.slc-avenues.org

September, 2019

Vol. XXIII

Issue 9

Representing the Avenues and
Federal Heights neighborhoods
of Salt Lake City, Utah

To Engage or Not to Engage? Is there any Question?

Chair's Message for September

by Jill Van Langeveld

The other day I found a very interesting read by googling "Pew trust and distrust in America." You can also find it on line at <https://www.people-press.org/2019/07/22/trust-and-distrust-in-america/>.

On July 22nd, the Pew Research Center released the results of three surveys taken between September 24, 2018 and March 4, 2019.

The surveys and the compilation and assessment of the data were directed by Lee Rainie and Andrew Perrin as part of the Center's ongoing focus on issues tied to trust, facts and democracy. I only have space to share just a tiny bit of what they learned.

- About 75% of Americans thought the public trust had declined for both government and trust in each other.
- Trust or lack of it varied by age, education, ethnicity and the amount of money you had to spend.
- 60%+ people felt that the lack of trust made it very difficult to solve problems on a federal, state or personal level.
- 80%+ felt the lack of trust could be turned around.

Now there's a positive thought!

Three main ideas came through loud and clear:

- (1) Better leaders could inspire greater trust.
- (2) Trying a different approach to news reporting — one that emphasized the ways people cooperate to solve problems
- (3) Local communities could be laboratories for trust-building.

One woman wrote: "Each one of us must reach out to others. It takes interaction with people face-to-face to realize that we all inhabit this space and have a vested interest in working together to make it a successful, safe, and environmentally secure place to live. No man is an island."

Many respondents believed that neighbors "working side-by-side on local projects would lead to more trusting relationships in communities," and these projects "would draw people out of more isolated and lonely circumstances."

Another person said, "Get to know your local community. Find common ground. Take small steps towards improving daily life. If people feel engaged with each other, and can work together even in a small way, that builds a foundation for working together on more weighty issues."

Now, a little bit of skepticism is not a bad thing. No one wants to be conned or scammed. However, do you know your neighbors well enough to trust them to keep an eye on your house while you are gone for a week or two? Would they be willing to reciprocate?

We had a neighbor who lived on our street. Their three little girls were always behind the fence, if they were outside at all. Two of them were the same age as my kids, but they had never played together. If you were walking by and said "hello" they would quickly run behind the house.



GACC Community Meeting

September 4 2019, 7:00 p.m.

Sweet Library - 9th Avenue and F Street

7:00 to 7:05 p.m. - Welcome, Announcements.

7:06 to 7:45 p.m. - **Reports:** Library, Police, Fire, City, School Board, Legislative, LDS Hospital, GACC Committees.

7:46 to 8:16 p.m. - Clean the Darn Air Ballot

Initiative - Yoram Bauman PhD Transportation: a new transportation program.

8:17 to 8:48 p.m. - **Shawn Wood, U of U**

Communications: Renovations to enclose the Rice Eccles Stadium Bowl.

8:49 to 8:52 p.m. - **Open Announcements.**

8:53 to 9:00 p.m. - **Adjourn, Stack Chairs, Talk to Neighbors & Leave.**

The parents were friendly but kept to themselves. One week they went on vacation and told no one. A neighbor saw a van parked in the driveway, but thought it was someone visiting. Actually the driver went behind the house, broke a window, opened the garage and drove the van inside where it wouldn't be seen. After a few trips the driver had taken everything of value.

We all learned a lesson of trust that day. The family had never engaged with their neighbors. The parents told us that they just didn't want to bother anyone.

I like the word *engage*. How could you get engaged?

The GACC can help a little with its two annual community activities: The Memory Grove Clean Up in the spring and the Avenues Street Fair in September. If playing in the dirt isn't your thing, then maybe playing in the street is.

Paul Walton is our Street Fair volunteer coordinator; pw Walton@dkdmail.net. Even this close to the Fair, he would be so happy to find you a job to help the Street Fair be successful and give you a chance to be "engaged" in a good cause.

... continued on page 4

WANTED!

DEAD OR ALIVE

TENORS needed for the 2019
Avenues Choir Holiday Concert

Interested? avenueschoir@gmail.com

AVENUES COMMUNITY MEETINGS

GACC Council Meeting

***Wednesday, September 4, 2019, at 7:00 p.m.,** Sweet Library.
For special accommodations contact GACC chair Jill Van Langeveld at gaccchair@slc-avenues.org. Open to the public, all are welcome.

GACC Board Meeting

***Wednesday, September 11, 2019, at 7:00 p.m.,** Sweet Library.
For special accommodations contact the GACC chair Jill Van Langeveld at gaccchair@slc-avenues.org. Open to the public, all are welcome.

Community Life / Resources / Free

Sweet Branch Library, 455 F Street, 801-594-8651,
www.slcp.org/branches/view/Corinne+and+Jack+Sweet.

All Library locations will be closed on September 2 in observance of Labor Day.

Kids Calendar: Tuesday at 10:00 a.m. - 11:30 a.m. Playtime @ Sweet. (Playtime for children 0 to 5 years-old and their caregivers. 2nd Tuesday is 'Musical' Playtime & 3rd Tuesday is 'Building Zone' Playtime)

Tuesday, Sept 24 at 10 a.m. Playtime with Learn and Grow. Bring your kids to an open playtime with Help Me Grow Utah while meeting other grown-ups and learning about your child's development through play.

Tuesday Sept 3 at 3:30 p.m. Kidding Around Yoga With Sarah Bly Kidding Around Yoga combines traditional yoga techniques with original music, games, and other activities, guiding children and adults as they focus their minds, stretch their bodies, and have fun.

Wednesdays at 10:30 a.m. Book Baby.

Wednesday at 4:00 p.m. Art & Maker with Clever Octopus. Make art — and practice sustainability! Clever Octopus Creative Resource Center provides reused, repurposed, or donated supplies and clean, discarded materials that have been saved from the landfill.

Thursdays at 10:30 a.m. Preschool Storytime.

Thursday, Sept 5 at 10:30 a.m. Preschool Storytime "Let's Play in the Forest" presented by the Main Library Children's Department.

Teen Calendar: Tues. Sept 3, 10 & 17 at 6 p.m. - 8 p.m. Dungeons and Dragons for Beginners. An experienced D&Der will guide you, and all the necessary materials & manuals will be provided.

Thursdays Sept 5, 12, 19 & 26 at 4 p.m. - 6 p.m. Teen Lego Mindstorms: Hosted by the Clark Planetarium. A new adventure in robotics! Tweens, create your own programmable LEGO® robo-creature. Make it walk, talk, grab, think, and do almost anything you can imagine.

The Agenda

Publisher's Statement

The monthly Greater Avenues Community Council newsletter "The Agenda" is mailed free to all residences in the Avenues. This publication is created to conduct the business of the Greater Avenues Community Council. Mail correspondence to P. O. Box 1679, Salt Lake City, UT 84110. For advertising call 801-859-5858 or email newsletter@slc-avenues.org.

GACC 2019 Officers and Publisher Contacts:

Chair: Jill Van Langeveld, gaccchair@slc-avenues.org.

Chair-elect: Laura Cushman, gaccchairelect@slc-avenues.org.

Treasurer: Michael Hughes, gaccctreasurer@slc-avenues.org.

Secretary: Elizabeth Duczak, gaccsecretary@slc-avenues.org.

Newsletter Editor: Martina Nesi, newsletter@slc-avenues.org.

The GACC web page is www.slc-avenues.org.

Friday Sep 20, 4:00 p.m. - 5:30 p.m. Tween Talk - Hosted by the Rape Recovery Center. Join the Sweet Branch and the Rape Recovery Center for a discussion about puberty, bullying, and safe boundaries.

Passive Teen Programming Available all month Teens can now come to the library anytime for some passive programming!

Adult Calendar: Tues. Sept 3, 10 & 17 at 6 p.m. - 8 p.m. Dungeons and Dragons for Beginners. An experienced D&Der will guide you, and all the necessary materials & manuals will be provided.

Mon. Sept 9 - Oct. 19. Art Exhibit "Fluid States" by Jimmy Stoddard

Sat. Sept 14 Art Reception. 4 p.m. - 5:30 p.m. Fluid States by Jimmy Stoddard.

Sat., Sept 21, 2:00 p.m. - 4:30 p.m. Paint-Along: The Starry Night Registration required

Tue. Sept 24, 7:00 p.m. Sweet Reads "The Politics of Murder" by Margo Nash. A monthly book club for the Avenues! Discover new books and get to know the faces in your neighborhood. The author will join the group through skype! Light refreshments will be provided at each event.

Thurs. Sept 26, 7:00 p.m. - 8:00 p.m. Author in the House. An evening of conversation and refreshments, with a reading by an emerging or established local author.

Neighborhood Avenues Exercise Class: Mondays and Wednesdays, 8:30 a.m. to 9:40 a.m. -FREE- 278 North Alta Street, Federal Heights Ward building, East Entrance. Everyone Welcome! Call Renate Nebeker, 801-534-1443 or email renatenebeker@gmail.com.

Ronald McDonald House, 935 E South Temple, 801-363-4663, <https://www.rmhcslc.org/>. Volunteer opportunities and Adopt-a-meal sign ups are online at <https://www.signupgenius.com/go/30e0d4daaa922a3f58-ronald7>.

10th E Senior Center, 237 S 1000 E, New Programs:

Communications Series beginning 9/9 10:00 a.m.-11:30 a.m.; Balance and Fall Prevention 9/17 at 10:15 a.m.; Scams and Fraud Prevention 9/26 at 9:30; Candidates Forum 9/24 at 10:30 a.m.; Decluttering 101 9/26 at 11:00 a.m. All classes are free to individuals 60 or over and \$2 ea. for less experienced people. The event for candidates in the election is free for everyone. There is abundant parking behind the building. Call 385 468-3140 with questions.

City Academy, 555 E. 200 S., 801-596-8489, www.cityacademyslc.org. Your neighborhood middle and high school celebrating 20 years! Art Open House, Sept. 20, 4:15-5:30 p.m. Parent-Student-Teacher conferences Sept. 30-Oct. 1, 1:00 p.m.-7 p.m.

We Want Your Questions for the Mayoral Candidates

The GACC will hold another candidates night in October for the two final candidates for Mayor. Send any questions for the Mayor Candidates to genefitzgerald37@gmail.com. More information about the event will be published in our October issue. You may also write your questions at the GACC booth at the Avenues Street Fair on Saturday September 7.

Upcoming GACC elections

In October, the GACC will present a slate of candidates for officers and voting board members representing the nine Avenues areas. To nominate yourself or anyone for officer or board member, please email gaccchair@slc-avenues.org.

See the GACC area map here:

<https://slc-avenues.org/about-the-council/vision-bylaws>.

AVENUES STREET FAIR - SAT., SEPTEMBER 7 - 2ND AVENUE FROM M to R STREET, 9AM to 6PM!

FAIR GUIDE

CHILDREN's PARADE - 9:00 a.m.

To join the Children's Parade please gather at R Street and 2nd Avenue at 8:45 a.m. Costumes, pets, instruments, bikes welcome!

CHILDREN'S ACTIVITY AREA - 9am to 6pm, FREE!

2nd Avenue and O Street Park Strip, Northeast corner. Unique and educational activities provided by Wonderbloom Nature Playschool!

PEOPLE's ART GALLERY - 9am to 6pm

2nd Avenue at O Street, Southeast corner.

FIRST AID - LDS HOSPITAL

2nd Avenue at O Street, Southwest corner.

EMT's - GOLD CROSS AMBULANCE

2nd Avenue at O Street, Southwest corner.

GACC FAIR HEADQUARTERS -

2nd Avenue just East of O Street, South side of street.

RESTROOMS + ADA + HANDWASH

Corners of 2nd Avenue and N, O, P and Q Streets.

ADA DROP-OFF AREAS

2nd Avenue and R Street, and 2nd Avenue and M Street.

BIKE VALET - FREE!

2nd Avenue and M Street behind the stage.

E-BIKE and SCOOTER PARKING

Behind the barricades at 2nd Avenue and N, O, P and Q Streets.

FEATURED ARTIST GUNTER RADINGER

Between O and P Street, South side of street, next to GACC Booth.

MINDFUL COFFEE

2nd Avenue at O Street, Northwest corner.

WATER STATIONS - FREE WATER ALL DAY

East and West Stage, GACC Booth, First Aid Booth, Children's Activity Area, and corners of 2nd Avenue and N, O, P and Q Streets.

FAMILY HISTORY RESEARCH BOOTH

South side of 2nd Avenue just west of O Street.

Hosted by the Ensign LDS Stake

SPONSORS - *Thank You!*

Intermountain Healthcare/LDS Hospital, Harmons Neighborhood Grocer, Capitol Hill Construction, Böhme, KRCL 90.9FM, Wonderbloom Nature Playschool, Salt Lake City Corporation, The Emigration and Esnign Stakes of the Church of Jesus Christ of Latter-day Saints, Metro Display, Salt Lake City Weekly, SLUG Magazine, Catalyst Magazine, Utah Stories Magazine and Smith's Food and Drug. Visit their booths at the Fair!

STREET FAIR WEBSITE - www.avenuesstreetfair.org

STREET FAIR CHAIRPERSON - Daniel Gaffin

daniegaffin@gmail.com - 801-550-1294.

BAND LINEUP

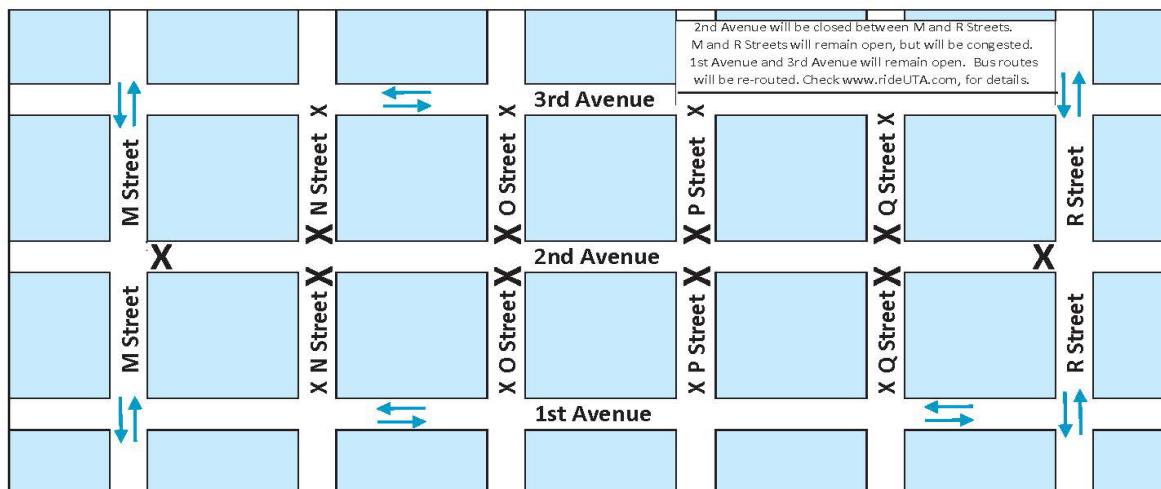
East Stage - 2nd Avenue at R Street

Mars Highway (10:00 - 11:00)
Phoenix Jazz and Swing Band (11:30 - 12:30)
Riser Rocks (1:00 - 2:00)
Rob Harrington Trio (2:30 - 3:30)
Stubble 'n' Rye (4:00 - 5:30)

West Stage - 2nd Avenue at M Street

Wasatch Music Coaching Academy (9:30 - 10:30)
Zivo Band (11 - Noon)
Christian Mills Band (12:30 - 1:30)
Music Garage (2:00 - 3:00)
Emily Hicks Music (3:30 - 4:30)
High Nowhere (5:00 - 6:00)

Traffic Impacts During the Street Fair



Bold X indicates where streets will be blocked off. M and R Street traffic will be slowed, but will remain open.

Economist to Entertain and Inform the GACC at September 4th Community Meeting

PhD “stand-up economist” Yoram Bauman will be at the September 4th GACC meeting to tell a few jokes and to discuss the Clean The Darn Air ballot measure that is currently gathering signatures to qualify for the November 2020 ballot.

The measure includes \$100 million a year to Clean The Darn Air (cleaner school buses, trade-in programs for homeowners to swap gas-powered lawn and garden equipment for electric, wood-stove conversion programs, etc.), \$50 million a year for rural economic development, and tax code improvements like the elimination of the state sales tax on grocery store food.

The funds will derive from a modest carbon tax on the fossil fuels that are the main cause of both local air pollution and global climate change.

Details about Dr. Bauman's comedy and the Clean The Darn Air initiative are online at (respectively) standupeconomist.com and DarnAir.org.

Chair's Message, continued from page 1...

Interacting with others boosts our feelings of well-being and decreases our feelings of depression. Research has shown that one sure way of improving your mood is to work on building social connections. You may even lower your risk of dementia. -- Psychology Today.

Wow! That's what “engaging” with the Avenues Street Fair could do for all of us. See you there on September 7th! Also, while there, check the booths for the Avenues Athletics Assoc. and the Avenues Choir for other ways of “community engagement.”

Jill Van Langeveld

Mayoral Election Continues

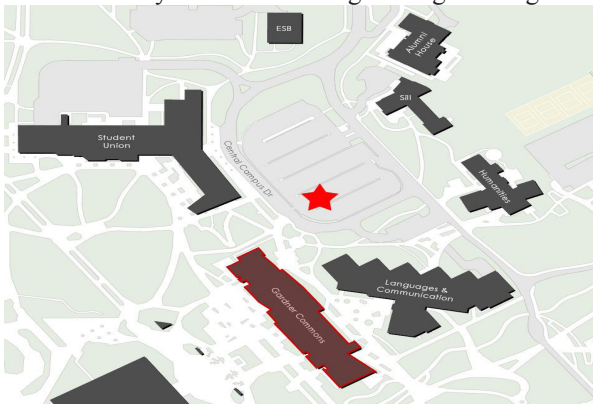
The Primary was August 13th and the eight candidates that came to our Candidate night in July at the LDS Hospital were whittled down to just two: Luz Escamilla and Erin Mendenhall.

In place of our regular community meeting in October, the GACC will hold another Candidate Night.

The University of Utah is hosting us in their new Gardner Commons, just south of the Student Union building. You may know that Orson Spenser Hall was torn down and the Gardner Commons building is in its place. Come see what's new at the U.

- Wednesday October 2nd at 7:00 to 9:00 pm
- Gardner Commons building
- Easy, free parking right in front

We will need questions, particularly those that concern issues important to the Avenues. Please send any questions you would like to ask the Mayor Candidates to genefitzgerald37@gmail.com.



Gene will be our moderator again on October 2nd. You may also write your questions for the Mayor candidates at the GACC

Glass Recycling Boosts Our Community and Local Economy

It is an unfortunate reality that members of our community experience issues with substance abuse, which often times leads to criminal charges at some point.

Picture the long road to recovery these individuals must go through to regain their lives and get back into healthy, stable environments. As they do, one final hurdle is employment: how many companies out there go out of their way to hire individuals with a drug or criminal background? Unfortunately, not many – but our local glass recycling company, Momentum Recycling, is doing just that.

Since 2008, Momentum Recycling has taken pride in combining their commitment to recycling and the environment with an opportunity to give back to the community and support these individuals as they transition into long-term sobriety and a successful career. Their Salt Lake City glass recycling facility and accompanying collection services provide jobs to these individuals and the formerly incarcerated.

You can help: by taking your glass to one of the public drop-off locations or by subscribing to their curbside collection service for only \$8/mo, you will not only help employ these individuals, but will help with Momentum Recycling's mission to move the community towards zero waste.

To learn more about Momentum Recycling, please visit: <https://utah.momentumrecycling.com/>.

5th Annual Shriners Walk for LOVE

set for Sept. 21 on 11th Avenue



Through donations, Shriners Hospitals for Children has been able to provide life-changing orthopaedic care to kids since 1925 regardless of ability to pay.

By walking with us, you can do your part to send Love to the Rescue.

Register now for this Avenues community event at www.walkforlove.org.

All registrants receive a t-shirt and access to the Family Fest party.

When: Saturday, September 21, 9:00 a.m. to 11:00 a.m.

Where: Shriners Hospitals for Children, Virginia Street at 1275 E. Fairfax Road, Salt Lake City, UT 84103.

See more about the Salt Lake City Shriners Hospitals for Children here: shrinersSLC.org.

Salt Lake Avenues Community Choir Begins Rehearsals for Holiday Concert, needs Tenors

The Choir will begin their fall rehearsal block in September for the December Holiday Concert.

We are looking for singers aged 16+ to join, especially tenors. There are no auditions to join, however experience reading music is appreciated.

The Choir is also looking for an Assistant Director and Accompanist. To join the Choir or apply for Assistant Director or Accompanist, please email avenueschoir@gmail.com or visit www.avenueschoir.org.

The Salt Lake Avenues Community Choir is funded in part by the residents of Salt Lake County through the Zoo, Arts & Parks (ZAP) Program.



Salt Lake City Public Utilities Projects in Avenues J Street Water Main Project

This project was originally planned for March through June 2019. Because of weather and other unforeseen issues they are still working. Three intersections have been blocked since June.

The contractor's schedule to finish is as follows:

- August 19-23: Finish water main tie-in work on 18th Ave, Hill top, Northcrest, and 13th Avenue.
- August 26-30: Prepare for asphalt and clean up.
- September 4: Pave.
- September 4-12: Landscaping and clean up.

Sewer Rehabilitation - Third Avenue

The first phase of this rehabilitation work will begin in October on Third Avenue between E Street and F Street. The project includes cleaning of the sewer to remove sediment and debris before rehabilitation, and installation of a bypass that will ensure service is maintained during construction.

Since this is a project using trenchless technology, impacts will be much less than with a traditional open-trench project.

For more info on these projects contact Ashlie Albrecht at aalbrecht@pec.us.com, or call the hotline at (877) 495-4240.

Tenth East Senior Center Welcomes Head Start

Head Start will open two classrooms at the Center for the 2019- 2020 school year. Head Start provides comprehensive education and health services to young children to prepare them for kindergarten. It is a terrific program and will present new volunteer opportunities for the seniors who use the Center.

This is a win-win opportunity for all at the Center, children and seniors alike. <https://slco.org/aging-adult-services/tenth-east-senior-center/>. Call 385 468-3140 with any questions.

Street Fair Featured Artist Gunter Radinger

Our 2019 Avenues Street Fair Featured Artist Gunter Radinger invites everyone to visit the Street Fair on Saturday, September 7, on 2nd Avenue between M and R Streets, Salt Lake City, Utah 84103, from 9:00 a.m. to 6:00 p.m. Look for Gunter's booth at the Street Fair near the GACC Headquarters booth.

Gunter created the theme art for this year's Street Fair:



Gunter also invites everyone to attend the sixth annual Avenues Open Studios on Saturday, September 28, 2019, featuring a group of Avenues artists of all ages who commit to No Judging, No Exclusion and Everyone Welcome. The Avenues Open Studios Tour will be open 11 am to 7pm. See the addresses at www.avenuesopenstudio.com, or visit Avenues-Open-Studios on Facebook. Call Gunter at (801) 661-2704 with any questions.

9 TIPS FOR A SAFE GRILLING SEASON

An average of 19,000 patients in the US go to the emergency room for grilling related incidents yearly. Here are a few tips to help you enjoy the grilling season without a visit to our Emergency Department.

1. **Put your grill in a safe location**
Place your grill at least 10 feet from your house. Never place it under overhangs or near trees, tablecloths, lawn decorations, or other items that could potentially catch fire. Setup your grill on a flat, level surface.
2. **Clean your grill regularly**
Clean your grill before each use. You'll want to clean away grease and other buildup that can cause flare-ups and add fuel to potential fires.
3. **Check your grill for problems**
It's not uncommon for grills to develop propane leaks or similar problems. Check all gas lines, and place a little bit of soap water on potential problem spots to check for leaks. If you have a gas leak, it's time to fix or replace your grill.
4. **Wear the right gear**
Long sleeves and grilling gloves can protect your arms and hands from the heat of the fire. However, you don't want to wear loose clothing while grilling. It can easily catch on fire. If you have long hair, wear it up and out of the way.
5. **Be ready to put out a fire**
Baking soda is a good option for putting out a grease fire. You can also use a fire extinguisher. Make sure you know how to use it and that it's in working order. If you can't get your fire out, don't hesitate to call 911 for help.
6. **Use caution when using lighter fluid**
Only use lighter fluid to start the charcoal on fire and use it sparingly. Never add lighter fluid to a grill that's been lit and is doing well.
7. **Don't turn on the gas while the grill is closed**
Always open up the lid so the propane can dissipate on your grill before you light it.
8. **Never leave a grill unattended**
Once you start the grill, make sure you can be around to finish the cooking. And remember to keep kids and pets away from the grill. It might seem like common sense, but young kids or pets can get injured easily on a hot grill.
9. **Use a meat thermometer**
Most grilling involves meat. If your grill is running hot, it's easy to burn the outside of your meat without actually reaching the right temperatures inside your meat. A meat thermometer is a good way to get around this.

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THIS MONTH'S MEETING:
WEDNESDAY,
SEPTEMBER 4, 2019, 7:00 P.M.
SWEET LIBRARY,
9TH AVE. AT F STREET

Important dated material. Please deliver in-home by August 31.

Greater Avenues Community Council thanks Intermountain LDS Hospital for their generous sponsorship of our activities.

We encourage your support of these events and businesses who give their support to the Greater Avenues Community Council.

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Hadley Rampton
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 SEPT 20, 6 - 9 PM
 THRU OCT 11
 LEE DEFFEBACH IN THE DIBBLE GALLERY

Mike Evertsen
 "The Avenues Specialist"
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 Info: treasurer@slc-avenues.org

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FIFTH ANNUAL WALK FOR LOVE
 • 2019
Shriners Hospitals for Children®— Salt Lake City
Event features:
 • 1.5 mile walk along 11th Ave
 • Music and games
 • Climbing wall
 • Face painting
 • Teddy bear clinic
 • Refreshments
Spots are limited!
 Register now at walkforlove.org

Saturday, September 21 | 9 a.m. - 11 a.m.
Capitol Hill Senior Living
 76 S 500 East 801-359-0050
 Skilled Nursing, Assisted Living, Memory Care
 Come in or call for a tour. www.stellarliving.com



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