



of the **Greater Avenues Community Council**
REPRESENTING THE AVENUES AND FEDERAL HEIGHTS NEIGHBORHOODS OF SALT LAKE CITY, UTAH

At GACC, We Stay In Touch With Our City Officials All Year

by Dave Alderman
2016 Chairman

The Greater Avenues Community Council is one of the largest and most active in Salt Lake City. One of the benefits of having a large and active Community Council is the attention we receive from our elected officials. We routinely have our State Legislators, City Councilman, School Board representative, and others who give us updates on issues that affect our neighborhood.



Dave Alderman,
2016 Chair

Last month, we heard from Councilman Stan Penfold about the City Council priorities for the upcoming year. Three items are considered to be their priorities for the year:

Affordable Housing/Homelessness—explore options to increase affordable housing options for all City residents, including options that would offer more opportunities to the Homeless;

Economic Development—improve the City’s place in regional and statewide economic development efforts, including attracting businesses and making changes to help businesses succeed in Salt Lake City;

Sustainable funding for streets, curb, gutter, and sidewalks—pursue new funding options to increase the money available for City infrastructure projects.

Throughout the year, we can look forward to hearing more about these issues from Councilman Penfold at our monthly meetings.

We also heard from Representative Rebecca Chavez-Houck, who gave us an early update on the Legislative session. We will hear more from her and Senator Jim Dabakis after the Legislative session ends.

We are attempting to schedule Mayor Biskupski at a future meeting, possibly April, to present her priorities and vision as she starts her new administration. Please check next month’s newsletter for details.

This month’s meeting has two main presentations. One is a summary of an infrastructure upgrade project on our sewer system. While this project won’t impact every Avenues resident, the construction will be very visible this summer. For more details, check the article elsewhere in this newsletter.

The other presentation is an overview of the planning, zoning, and historic preservation processes. At the last two general meetings, we’ve had reviews of projects that require exceptions to the zoning rules. This was an opportunity for neighbors to

GACC Community Meeting

Sweet Library

9th Avenue and F Street

March 2, 7 p.m.

7:00 to 7:05 p.m.—Welcome, Announcements.

Chair.

7:05 to 7:30—Reports: Fire, Library, Police, City,

County, School Board, Legislative.

7:30 to 7:50—Sewer Rehabilitation Project.

7:50 to 8:30—Planning, Zoning, and Historic Preservation Process.

8:30 to 8:40—Avenues Athletic Association.

8:40 to 8:50—Open Forum.

8:50 to 9:00—Adjourn and Clean Up.

make comments to the Planning Department. (As of press time, these projects were still under review.) Last fall, we also had a review of a major apartment project on the corner of South Temple and 5th East. As reported in the Salt Lake Tribune, this project was recently turned down by the Historic Landmarks Committee. Several questions have come from Avenues residents about how these processes work. This will be an opportunity to educate ourselves on the process. Unlike previous

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AVENUES COMMUNITY MEETINGS**GACC Council Meeting**

Wednesday, March 2, 2016, at 7 p.m., Sweet Library. For special accommodations contact the GACC chair at gaccchair@slc-avenues.org. Open to the public, all welcome.

GACC Board Meeting

Wednesday, March 9, 2016, 7 p.m., Sweet Library.

Community Life / Resources / Free Stuff!

Sweet Branch Library, 455 F Street (at 9th Avenue), 801-594-8651, www.slclpl.org. *Book Baby*, Wednesday at 10:15 a.m.; *Storytime*, Wednesday at 11:15 a.m. *Playtime @ Sweet*, Tuesday at 10:15 a.m. Ages 0-5 and their caregivers; *Sweet Thursdays*, 4 p.m.; *Book Baby* Wednesday at 10:15 a.m. *Learn and Grow Playtime*, Tuesday, March 15 at 10:15 a.m. Bring your kids to an open playtime with *Help Me Grow Utah* and learn about your child's development through play. At the playtime, parents and guardians can fill out a developmental questionnaire, learn how they can help their child's development, and get more information about community resources. *1st Thursday* - Kids Art and Science Club. 4 p.m. *2nd Thursday* - Legos Club . 4 p.m. *3rd Thursday* - Craft - 4 p.m. *4th Thursday* - Family Yoga - 4 p.m. Bring your own yoga mat! *5th Thursday* - Family Storytime - 4 p.m. *Beehive Awards* March Madness Starts March 1 and on March 31 help decide which Beehive Book Award nominee will be crowned The City Library's March Madness champion! Visit your favorite Library location to vote through Thursday, March 31. Each vote will also count as an entry into a prize drawing that will take place after voting concludes. *Egg Drop Thursday*, March 3, 5:30 p.m. - 7 p.m. See how well you can design a system that will protect an egg from a fall. Using provided materials, teens ages 13-18 will work in pairs to build a structure for a raw egg that will be dropped from various heights. The team that builds the best structure at each event will win a pair of mini remote-controlled quadcopters! *Teen Tech Week Scavenger Hunt*. March 6, - March 12. Learn something new about The City Library's online resources. Teens can pick up a scavenger hunt sheet at any Library location and solve its clues using the Library's website, catalog, and social media profiles. Once you've completed the sheet, turn it in at any Library location for a prize. *Art Exhibit Reception: A Public Spectacle Essay*, Letterpress works by Emily Dyer Barker. Reception: Saturday, March 5, 3-5 p.m. Reception will include a 15 to 30-minute

presentation, starting at 3:15 p.m. Emily Dyer Barker will discuss the origin of the Public Spectacle Essay, as well as the creative process which included a community of friends and strangers, local and international. *Author in the House*, Thursday, March 24, 7 p.m. Join the Library for an evening of readings, conversation, and refreshments with Walt Hunter. **ALL City Libraries are closed on Sunday, March 27.**

Website Committee Looking for Avenues Photos. The GACC has a committee currently working to upgrade our website. We are looking for high quality photos that we may be able to use for the website. The submitter will retain ownership of the photo(s) but the GACC will have the right to use them, including altering the image (cropping, Photoshop, etc.). For more information, email slavenues@gmail.com.

Avenues Exercise Class -Free- Federal Heights LDS Ward, 1300 Fairfax Road. Mondays and Wednesdays, 8:30 a.m. to 9:45 a.m. Stretching, Weights, Mat Pilates. Renate Nebeker 801-534-1443.

Free Yoga Class. Tuesday and Thursday 8:30 a.m.-9:30 a.m. LDS Chapel, 135 A Street. Call the instructor, Barbara Cramer, with questions, 801-355-1856. Please bring your own mat.

Come support the West High Arts Program and see the production of *An Absurd Night of One Act Plays!* March 10th, 11th, and 12th at 7:00 p.m. Admission is \$5 and concessions available at the door.

Mark your calendars on Thursday, May 26 for the Spring Concert of the Avenues Community Choir. Performance will be at 7:30 p.m. at Libby Gardner Hall on the University of Utah campus. As always, admission is free. Also, the choir is seeking an assistant performance accompanist, a trumpet, drums, bass and electric guitar. Interested musicians should email ginaduncan@gmail.com for further information. The choir, coming off a successful holiday season performance, has proven a hit with local audiences. The choir is an officially supported group of the Greater Avenues Community Council.

Popperton Plots Garden Update

It's only March, but the gardeners at Popperton Plots Avenues Community Garden are preparing for the 2016 growing season. This will be our third year!

The Spring garden meeting will be held Thursday, March 3, 7:00 p.m. at the Sweet Branch Library located at 9th Avenue and F Street.

All of the 37 plots are full, but those interested in the garden are welcome to attend. We are excited to welcome new gardeners and to have a successful growing season.

If you're interested in gardening and community service, please visit the Wasatch Community Gardens web page www.wasatchcommunitygardens.org or call Wasatch at 801-359-2658.

—James Woolf, Garden Steward

The Agenda

Publisher's Statement

The monthly Greater Avenues Community Council newsletter "The Agenda" is mailed free to all residences in the Avenues. This publication is created to conduct the business of the Greater Avenues Community Council. Mail correspondence to P. O. Box 1679, Salt Lake City, UT 84110.

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City Plans Sewer Upgrades in Many Avenues Locales; Promises Minimal Disruption

Aging and deteriorated Avenues sewer pipes need attention, the city says, and this construction season will see thousands of feet of new pipe liners being installed.

Work will take place at disparate sites mostly in the southeast Avenues.

A new technique where a soft liner is placed in the existing 8-inch sewer pipe then hardened, or "cured" in place, will eliminate the need to dig blocks-long trenches to replace pipes, the Public Utilities Department said.

Nonetheless, there may be some digging in the streets, and residents are asked to lend patience. Any given street could be affected for up to two weeks, a city announcement said.

Geoff DuPaix, representing the engineers, told GACC "Our goal is to make this as minimally disruptive as possible. How this process works is crews will close off the section of pipe needing to be repaired and they will divert the sewer line to a pipe system that runs along the surface of the road.

"The damaged sewer pipe is cleaned and prepared for a liner, filled with a resin, to be inserted into the existing pipe. The liner is then expanded so that it forms snugly against the inside of the pipe and cured-in place creating a new pipe within the old, dam-

aged pipe that will last for decades."

"The process uses a robot to find and cut holes in the pipe where laterals are found. A separate hole for every residence, to complete the connection, is not needed, Mr. DuPaix said.

Here are the neighborhoods to be affected:

- Hilltop Road from 16th Avenue to 17th Avenue
- 17th Avenue from Hilltop Road to Little Valley Road
- J Street from South Temple to 1st Avenue
- K Street from 1st Avenue to 2nd Avenue
- L Street from South Temple to 4th Avenue
- O Street from South Temple to 3rd Avenue
- U Street from 1st Avenue to 294 North
- 1st Avenue from O Street to P Street
- 1st Avenue from S Street to T Street
- 2nd Avenue from S Street to T Street
- 3rd Avenue from G Street to I Street
- Virginia Street from Federal Heights Drive to Fairfax Road
- Perry Avenue from Virginia Street to 1845 East.

Residents will be notified in advance when the construction is to start. Business access will be preserved and where necessary, steel plates will be placed to help keep traffic moving.

Thinking of Throwing a Big Party This Summer in a City Park?

Thinking of having a few friends over for a big party? Big enough you'll need a big open pavilion in a city park?

You can reserve a pavilion of Salt Lake City Parks now for a fee.

Pavilion locations are at Fairmont Park, Jordan Park, Liberty Park, Lindsay Gardens, Poplar Grove, Riverside Park, Sherwood Park, Sunnyside Park, Washington Park and West Point Park.

Reservation window is Monday, April 11 through Sunday, October 9, 2016.

Scan the QR code here or visit slcparks.com to make a reservation online.

Fees are \$44 if you're a resident for a full day, except that the \$44 is only for a half day at Washington and Liberty parks. the half days are from 8 a.m. until 2 p.m. or 3 p.m. until 10 p.m. Non-residents pay \$55.

There are a number of rules, and some might surprise you: not permitted are: alcoholic beverages, smoking, amplified music, dunking booths, water slides, water balloons, piñatas, animal rides, rock climbing walls and open fires even in fire pits.

Don't drive your car onto the grass or you will pay an extra fee.

Bounce houses are a very popular party feature and they are allowed—under certain conditions. First, you must have a

pavilion reservation. You must notify the parks department two weeks before your party. You need a \$2,000,000 (that's right, \$2 million) commercial general liability certificate naming SLC Corporation as co-insured, and the reservation date and facility reserved must be shown on the certificate. (The bounce house companies can provide the certificate.) The certificate must be faxed to the city at least a week prior to the reservation.

For information call the parks reservation line at 801-972-7860.



Pavilion at Lindsey Gardens you can rent.

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meetings, we won't be reviewing any specific projects.

I encourage you to attend these monthly meetings. It's a great opportunity to learn about activities occurring in our neighborhood, hear from some of our elected officials, and meet with our neighbors.

Cucina Deli is Aves Gathering Spot

It was a Tuesday night at Cucina Deli and with two long tables—the length of the main dining area—completely filled, there were still people waiting to be seated for the scrumptious ribs.

That was the Tuesday night family style dinners that have been featured for the last several months. Otherwise, you might walk in for some breakfast sandwiches some morning while on a bike ride around the Avenues.

Or you could come in for a business lunch, where it is a common site to see laptops and tablets propped up next to specialty sandwiches and full entrees while people meet over their delicious fresh food. In the evening, the place transforms into a white tablecloth restaurant, where the chef makes a special of the day.

Fresh breads, soups and pastries abound all day long as well as local beers and specially chosen wines. The coffee is a favorite at Cucina and most days, Dean Pierose, the proprietor, can be seen going around refilling cups. The inside setting of hand painted colorful walls and marble topped tables emits a cozy Italian setting.

As the weather warms, the outside bank of tables and sur-



rounding pots and landscaping provide another welcome area to meet a friend and enjoy the fare.

Long a supporter of the Greater Avenues Community Council, Dean donates in-kind to the Street Fair each year as well as hosting some of the committee meetings.

Dean feels fortunate to be there for the neighborhood and would not want to be anywhere else. Cucina is at the lower east Avenues at 1027 E. 2nd Avenue. —Mary Ann Wright.

Delegate Training Is March 12 For Republicans, Democrats

Learn how to become a county, state, or national delegate and how to vote in the presidential primary.

Utah's political process begins every two years in neighborhood caucuses throughout the state where members of each precinct vote for delegates to represent them at county and state party conventions.

Delegates then attend the conventions to vote for candidates that will then face

each other in the public general election.

Training will be 11 a.m. to noon at Sweet Branch Library 455 F Street. Lunch will be provided from noon to 1 p.m. at 440 J Street (four blocks from library.)

Neighborhood caucuses will be held on March 22 from 7 to 9 p.m. (registration usually opens at 6 p.m.) The locations vary by party, and details may be found on party websites.

Some interesting facts about being a delegate are:

You must be registered to vote to participate. Most caucus meetings allow

you to register to vote during the meeting if you're not already. In order to run or vote for delegates, a person must be 18 years old at the time of the election (August primaries and November general election).

Parties may also require you to be a registered member of that party to participate.

A Reminder About Your Brown Cans

The city has suspended picking up the contents of your brown cans for the winter.

Pickup is scheduled to resume April 4.

ASSIST – A Community Design Center

Homes in the Avenues are noted for their eclectic styles and charming floor plans. But what can seem charming at one point, can become a potential impediment at another. People with disabilities or seniors may find some of those charming floor plans a problem.

One place to turn for help is ASSIST.

ASSIST is an independent, non-profit community design center that provides housing repair assistance to low-income households and accessibility design to seniors and persons with disabilities. Funds are provided by the Community Development Block Grant Program.

Assist has 3 main programs – Emergency Home Repair, Ac-

cessibility Design, and Aging In Place.

Emergency Home Repair – Critical home repairs are provided free of charge to seniors and home owners earning less than 50% of area median income.

Accessibility Design – ASSIST provides free home assessment and design options for practical accessibility modifications. Households who earn up to 60% of the area median income may qualify for financial assistance to have the projects completed.

Aging In Place – Preventative safety improvements allow us to remain in our homes and avoid injuries as we age. ASSIST can perform an assessment of your home and suggest possible safety modifications. For qualifying households, ASSIST can fund these preventative improvements.

To learn more, visit www.assistutah.org or call (801) 355-7085.

Register For Avenues Baseball Until March 12

Register by March 12 for the Avenues Baseball spring league! Sign-up at www.avesbaseball.org. We will have t-ball, machine pitch, minors and majors divisions for kids 5-12 years old.

Avenues Baseball has called Lindsey Gardens its home for at least 40 years and our sole activity is to provide a youth recreational baseball league for the community. It takes hundreds of volunteer hours from coaches, board members, parents and community members to operate the league.

But most importantly, come to the park, watch some baseball and meet some new neighbors and friends. There is nothing like the crack of the bat and the roar of the crowd on a beautiful night at Lindsey Gardens.

For more information, email info@avesbaseball.org.



Planning an event, rally, concert, parade or festival in SLC? Salt Lake City Events is your first stop for information. Check out our permits page for applications, instructions and resources on planning an event or conducting filming in Salt Lake City.

Visit <http://www.slcgov.com/slcevents> to guide you through the permitting process.

Street Fair Planning Is Underway

Want to help throw the biggest party in the Avenues? How about organizing the annual GACC Fundraiser? Or working on one of Utah's premier community events? How about all three?

The first organizing meeting for the 2016 Avenues Street Fair will be held on Saturday, March 12 at 9 a.m. at the Sweet Library, from 9:00 - 11:00 a.m. (The Library doesn't open until 10 a.m., so you'll need to knock.)

Future meetings will be the second Saturday of each month. The Street Fair is tentatively scheduled for Saturday, September 10. Even if you can't make the organizing meetings, there will be plenty of opportunities to help, including the day of the Fair.

Calling Avenues Artists: Featured Artist Statements Due April 1.

The Greater Avenues is now accepting Statements of Interest from prospective Street Fair Featured Artists. The selected artist provides a unique and original painting or digital art that represents the artist's concept of what "The Avenues" means to them. This image becomes the visual theme for the Street Fair.

The statements are due April 1st. The Street Fair Committee will select the Featured Artist and notify all candidates by mid-April. The artwork is due to GACC May 15, 2016 and then is used in all Street Fair promotional items, with the original art remaining the property of the artist. The chosen artist is provided a complimentary booth at the Avenues Street Fair. More details are available on the GACC website – www.slc-avenues.org. To submit a Statement, email gaccchair@slc-avenues.org.

5 FOODS TO BUILD A SUPERFOOD LUNCH

Instead of eating out, create a power lunch at home.

Besides being cheaper, a homemade lunch is typically also healthier. Often, if we're hungry and pressed for time, we think less about how healthy the food is. Preparing meals at home, in advance, Ask yourself these five questions for creating a power lunch at home.

Got Calcium? Good sources of foods high in vitamin D and calcium include 1% or skim milk, flavored milk, yogurt and kefir. Also include dark green leafy vegetables for non-dairy sources of foods rich calcium and magnesium.

Got Fiber? High fiber food choices are whole grains like quinoa, brown rice, and barley. Beans, legumes, lentils, chickpeas, and nuts are also great sources of fiber.

Got Veggies? For non-starchy vegetables, add fresh crisp veggies such as carrots, snap peas, green beans and broccoli to you lunch.

Got Fruit? Fresh fruits are always a good way to add fiber and antioxidants with kiwi, clementines, mixed berries, and apples always being a big hit for children and adults.

Got Protein? For rich protein sources, go for chicken, turkey, tofu, hummus, eggs, or nut spreads.

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THIS MONTH'S MEETING:
WEDNESDAY, MARCH 2, 2016,
7:00 P.M.
SWEET LIBRARY,
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Dated material. Please deliver in-home not later than February 27.

Greater Avenues Community Council thanks LDS Hospital for their generous sponsorship of our activities.

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